

AGENDA

IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

Chair

Greta Jacobs

Amal Baradehi Vice Chair

Michele Jacknik Senior Council Member

Zainab Saadi, MD Senior Council Member

Bill Sandlin Senior Council Member

Preeti Singh Senior Council Member

Myung Suh Senior Council Member September 19, 2024 9:00 AM City Council Chamber 1 Civic Center Plaza Irvine, CA 92606

PARTICIPATION VIA ZOOM MEETING ID: 874 2640 0379 PASSCODE: 239215

WEBSITE: <u>zoom.us/join</u> TELEPHONE: 669-900-6833 or 346-248-7799

To participate virtually, visit <u>zoom.us/join</u> using any web browser, or the Zoom app on smartphones or tablets, and enter the Meeting ID and Passcode noted above. To participate by telephone, dial one of the numbers listed above and enter the same Meeting ID and Passcode. For technical assistance before or during the meeting, call 949-724-6078.

CALL TO ORDER

ROLL CALL

PLEDGE OF ALLEGIANCE - Senior Council Member Jacknik

INTRODUCTIONS

- 1. PRESENTATIONS
 - 1.1 Distinguished Service Awards
 - 1.1.1 Barbara Robinson
 - 1.1.2 Selina Chung
 - 1.2 Irvine Connect
 - 1.3 Elder Law Center
 - 1.4 Enhancing Transportation for Older Adults

PUBLIC COMMENTS - NON-AGENDIZED ITEMS

Any member of the public may address the Senior Citizens Council on items within the Senior Citizens Council's subject matter jurisdiction but which are not listed on this agenda; however, no action may be taken on matters that are not part of the posted agenda. If 20 or fewer requests to provide public comments are submitted, each speaker shall be limited to three minutes. If between 21 and 30 speakers submit public comments, each speaker shall be limited to two minutes. If more than 30 speakers submit public comments, each speaker shall be limited to 90 seconds per item. The time limit per speaker shall be established based on the number of requests to speak submitted to the Recording Secretary before the first speaker is called. Requests to speak submitted after the first speaker is called shall receive 90 seconds. These time limits may be shortened or extended, or a cumulative limit on the time for all public speakers may be imposed, at the discretion of the Chair or by a majority vote of the Senior Citizens Council.

2. ANNOUNCEMENTS

Announcements, Committee Reports, and Senior Council Comments are for the purpose of presenting brief comments or reports, are subject to California Government Code Section 54954.2 of the Brown Act, and are limited to three minutes per speaker. In addition, the Chair shall receive any necessary additional time to deliver announcements of community events and opportunities.

- 2.1 STAFF ANNOUNCEMENTS
- 2.2 SENIOR COUNCIL ANNOUNCEMENTS/UPDATES
- 2.3 ORANGE COUNTY OLDER ADULTS ADVISORY COMMISSION
- 2.4 SENIOR CITIZENS COUNCIL NUTRITION SUBCOMMITTEE

ADDITIONS AND DELETIONS

Additions to the agenda are limited by California Government Code Section 54954.2 of the Brown Act and for those items that arise after the posting of the Agenda and must be acted upon prior to the next Senior Citizens Council meeting.

3. SENIOR CITIZENS COUNCIL BUSINESS

Public comments on Senior Citizens Council items will be heard at the time the matters are considered. If 10 or fewer requests to speak are submitted, each speaker shall be limited to three minutes per item. If between 11 and 15 speakers submit requests to speak, each speaker shall be limited to two minutes per item. If 16 or more requests to speak are submitted, each speaker shall be limited to 90 seconds per item. The time limit per speaker shall be established based on the number of requests to speak submitted to the Recording Secretary before the first speaker is called. Requests to speak submitted after the first speaker is called shall receive 90 seconds. These time limits may be shortened or extended, or a cumulative limit on the time for all public speakers may be imposed, at the discretion of the Chair or by a majority vote of the Senior Citizens Council.

3.1 MINUTES

ACTION:

Approve the minutes of the Irvine Senior Citizens Council regular meeting held August 15, 2024.

ADJOURNMENT

NOTICE TO THE PUBLIC

PARTICIPATION AT SENIOR CITIZENS COUNCIL MEETINGS

Meetings are broadcast live on ICTV, Cox Communications Local Access Channel 30, and AT&T U-Verse Channel 99. You may submit comments on any agenda item or on any item not on the agenda, in writing via mail to: "Attn: Senior Citizens Council," 1 Civic Center Plaza, Irvine, CA 92606; by email to seniorcouncil@cityofirvine.org; or through e-Comment at cityofirvine.org/senior-services/senior-citizens-council. E-Comments submitted at least two hours prior to the commencement of the meeting will be distributed to the Senior Citizens Council at the meeting. You may also provide live comments via "Zoom." For more information, visit cityofirvine.org/senior-services/senior-citizens-council.

REQUEST TO SPEAK IN PERSON: If you would like to address the Senior Citizens Council on a scheduled agenda item or non-agenda item, please register by completing the electronic form available on the kiosk at the entrance to the City Council Chamber. We respectfully ask that you identify on the form your name and the item(s) on which you would like to speak. The Request to Speak Form on the kiosk assists the Chair in ensuring that all persons wishing to address the Senior Citizens Council are recognized. It also ensures the accurate identification of meeting participants in the Senior Citizens Council minutes. Your name will be called at the time public comments are heard by the Senior Citizens Council. City policy is to limit public testimony to up to three minutes per speaker depending on relevant circumstances, which includes the presentation of electronic or audio/visual information. Speakers may not yield their time to other persons.

Please take notice that the order of scheduled agenda items and/or the time they are actually heard, considered, and decided may be modified by the Chair of the Senior Citizens Council during the course of the meeting, so please stay alert.

PLEASE NOTE: The Senior Citizens Council is making every effort to follow the spirit and intent of the Brown Act and other applicable laws regulating the conduct of public meetings, in order to maximize transparency and public access. For questions or assistance, please contact the Community Services Department at 949-724-6732, or via email at seniorcouncil@cityofirvine.org. It would be appreciate if written communications of public comments related to items on the agenda, or items not on the agenda, are provided prior to the commencement of the meeting.

LIVE BROADCASTING

Regular Senior Citizens Council meetings are broadcast live every 3rd Thursday of the month at 9 a.m. All broadcasts can be viewed on Cox Communications Local Access Channel 30 and U-Verse Channel 99. For more information, please contact the Community Services Department at 949-724-6732.

ADJOURNMENT

At 11 a.m., the Senior Citizens Council will determine which of the remaining agenda items can be considered and acted upon prior to 12 noon and will continue all other items on which additional time is required until a future Senior Citizens Council meeting. All meetings are scheduled to terminate at 12 noon.

STAFF REPORTS

As a general rule, staff reports or other written documentation have been prepared or organized with respect to each item of business listed on the agenda. Copies of these materials are on file with the Community Services Department and are available for public inspection and copying once the agenda is publicly posted, (at least seven days prior to a regular Senior Citizens Council meeting). Staff reports can also be downloaded from the City's website at cityofirvine.org/senior-services/senior-citizens-council at least seven days prior to the scheduled Senior Citizens Council meeting.

If you have any questions regarding any item of business on the agenda for this meeting, or any of the staff reports or other documentation relating to any agenda item, please contact the Senior Citizens Council liaison at 949-724-6732.

SUPPLEMENTAL MATERIAL RECEIVED AFTER THE POSTING OF THE AGENDA

Any supplemental writings or documents distributed to a majority of the Senior Citizens Council regarding any item on this agenda <u>after</u> the posting of the agenda will be available for public review in the Community Services Department, 1 Civic Center Plaza, Irvine, California, during normal business hours. In addition, such writings or documents will be made available for public review on the City's website and at the respective public meeting.

If you have any questions regarding any item of business on the agenda for this meeting, or any of the staff reports or other documentation relating to any agenda item, please contact the Senior Citizens Council liaison at 949-724-6732.

SUBMITTAL OF INFORMATION BY MEMBERS OF THE PUBLIC FOR DISSEMINATION OR PRESENTATION AT PUBLIC MEETINGS

Written Materials/Handouts:

Any member of the public who desires to submit documentation in hard copy form may do so prior to the meeting or at the time he/she addresses the Senior Citizens Council. Please provide 12 copies of the information to be submitted and filed with the Recording Secretary at the time of arrival to the meeting. This information will be disseminated to the Senior Citizens Council at the time testimony is given.

<u>CITY SERVICES TO FACILITATE ACCESS TO PUBLIC MEETINGS</u>

It is the intention of the City of Irvine to comply with the Americans with Disabilities Act (ADA) in all respects. If, as an attendee or a participant at this meeting, you will need special assistance beyond what is normally provided, the City of Irvine will attempt to accommodate you in every reasonable manner. Please contact the Senior Citizens Council liaison at 949-724-6732 at least 48 hours prior to the meeting to inform us of your particular needs and to determine if accommodation is feasible. Please advise us at the time if you will need accommodations to attend or participate in meetings on a regular basis.

Assisted listening devices are available at the meeting for individuals with hearing impairments. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting. (28 CFR 35. 102-35. 104 ADA Title II).

COMMUNICATION DEVICES

To minimize distractions, please be sure all personal communication devices are turned off or on silent mode.

MEETING SCHEDULE

Regular meetings of the Senior Citizens Council are held on the third Thursday of each month at 9 a.m. unless otherwise noted. Agendas are available for viewing at the following locations:

- City Clerk's Office
- Irvine Police Department
- Main Entrance of City Hall
- Lakeview Senior Center, 20 Lake Road
- Northwood Community Center, 4521 Bryan Ave
- Rancho Senior Center, 3 Ethel Coplen Way
- William Woollett Jr. Aquatics Center, 4601 Walnut Ave
- City's webpage at cityofirvine.org

I hereby certify that the agenda for the Senior Citizens Council meeting was posted in accordance with law at the main entrance of City Hall, 1 Civic Center Plaza, Irvine, California, on September 12, 2024 by 5:30 p.m.

Athena Martinez, Recording Secretary

3. BUSINESS

ITEM 3.1 MINUTES



MINUTES

IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

August 15, 2024
Council Chamber
1 Civic Center Plaza
Irvine, CA 92606

CALL TO ORDER

The regular meeting of the Irvine Senior Citizens Council (Senior Council) was called to order at 9 a.m. on August 15, 2024, in the City Council Chamber, Irvine Civic Center, 1 Civic Center Plaza, Irvine, California; Chair Jacobs presiding.

ROLL CALL

Present:	6	Senior Council Member	Michele Jacknik
		Senior Council Member	Bill Sandlin*
		Senior Council Member	Preeti Singh
		Senior Council Member	Myung Suh
		Vice Chair	Amal Baradehi
		Chair	Greta Jacobs

Absent: 1 Senior Council Member Zainab Saadi, MD

*arrived at 9:16 a.m.

PLEDGE OF ALLEGIANCE

Vice Chair Baradehi led the Pledge of Allegiance.

PARTICIPATION IN SENIOR COUNCIL MEETING

Athena Martinez, Recording Secretary, provided instructions on how to participate in the Senior Council meeting for those attending via Zoom or in person.

INTRODUCTIONS

There were no introductions.

1. PRESENTATIONS

1.1 Distinguished Service Award: Marc Pickering

This award was presented to Marc Pickering in recognition of his dedicated service to the Elderly Nutrition Program since 2022, providing 378 volunteer hours to date.

1.2 Community Engagement – Benefits of Volunteering

Gloria Cedillo and Kristen Jefferson, Community Services Program Coordinators, provided a presentation on the benefits of volunteering.

PUBLIC COMMENTS - NON-AGENDIZED ITEMS

Rachel Owens, resident and Orange County Older Adults Advisory Commission member, spoke on the county's Master Plan on Aging's five areas of focus and potential legislation affecting seniors as a result of the 93 initiatives developed.

2. ANNOUNCEMENTS

2.1 STAFF ANNOUNCEMENTS

Denise Bennett-Arabatzis, Community Services Supervisor, made the following announcements:

- The final Summer in the City event is a concert at Mike Ward Community Park-Woodbridge on August 17 with the band DW3 playing R&B, Soul, and Old School Funk.
- The Pacific Symphony's free Symphony in the City event will be held on Sunday, August 18 at Great Park Live. There will be family-friendly activities beginning at 5:30 p.m., followed by the concert at 7 p.m.
- The CHAMPION Program (Community Helpers Assisting Mature Persons in Our Neighborhood) will conduct its annual new volunteer orientation and seven-week training series on September 18 from 1 to 2:30 p.m. at Lakeview Senior Center. Trainings are scheduled every Wednesday, from September 25 to November 13 (with the exception of October 2), from 1-2:30 p.m. Visit yourirvine.org or call 949-724-6915 to learn more about the CHAMPION program and register for the orientation.
- The Healthy Living Expo will be held on September 20 from 9 a.m. to noon at Lakeview Senior Center. This outdoor event will include community resources, health screenings, fitness demonstrations, educational presentations, and a wide variety of exhibitors. Admission and parking are free.
- September is National Senior Center Month celebrating how senior centers provide opportunities for older adults to connect with one another. Irvine Senior Services will be hosting a series of programs at Lakeview and Rancho senior centers and Trabuco Center throughout the month of September. Participants who join these programs will have their name entered into an opportunity drawing to occur at the Healthy Living Expo on September 20.

2.2 SENIOR COUNCIL ANNOUNCEMENTS/UPDATES

There were no Senior Council announcements/updates.

2.3 ORANGE COUNTY OLDER ADULTS ADVISORY COMMISSION (OCOAAC)

Senior Council Member Jacknik reported the following from the August 9 OCOAAC meeting:

- A presentation on Veterans Services was provided by Eric Ensley, County Veterans Services Officer. To connect wit the Veterans Services Office or to book an appointment, visit *veterans.ocgov.com* or call 714-480-6555.
- The Orange County Office on Aging (OoA) is developing a new Information and Assistance brochure.
- OoA created a new monthly newsletter and the first issue was distributed in July.
 Subscriptions are free and can be found at officeonaging.ocgov.com.
- The California Department on Aging is distributing a new service guide, Aging in California, to senior centers and will be available in multiple languages. To view online, visit aging.ca.gov/aging_resources.

2.4 SENIOR CITIZENS COUNCIL NUTRITION SUBCOMMITTEE

Vice Chair Baradehi reported the following from the August 12 subcommittee meeting:

- Meals on Wheels:
 - Program in need of volunteer drivers
 - o Service out of Trabuco Center on hold pending logistics research
- Congregate Meals:
 - New volunteer group helping in the kitchen and doing a great job
 - Statistics shared for meals served
- A survey was conducted of volunteer drivers, servers, and kitchen staff; feedback was positive.
- New grant received to develop new programs:
 - o Restaurant program to allow for meal delivery from menu, once a week
 - TOGO program allowing friendly visitor volunteers to pick up a meal and have lunch with a participant
- Food waste from reservation no-shows and cancellations is being managed.
- Participant donations have increased.

ADDITIONS AND DELETIONS

There were no additions or deletions to the agenda.

3. SENIOR CITIZENS COUNCIL BUSINESS

3.1 MINUTES

ACTION: Moved by Senior Council Member Jacknik, seconded by Vice Chair Baradehi, and unanimously carried by those members present (Senior Council Member Saadi absent) to approve the minutes of the Irvine Senior Citizens Council regular meeting held July 18, 2024.

END OF COUNCIL BUSINESS

ADJOURNMENT

Moved by Senior Council Member Sandlin, seconded by Senior Council Member Singh,
and unanimously carried by those members present, to adjourn the regular meeting of
the Senior Council at 9:32 a.m.

	CHAIR	CHAIR	
Athena Martinez, Recording Secretary Recording Secretary	Date Approved		