



MINUTES

IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

August 15, 2024
Council Chamber
1 Civic Center Plaza
Irvine, CA 92606

CALL TO ORDER

The regular meeting of the Irvine Senior Citizens Council (Senior Council) was called to order at 9 a.m. on August 15, 2024, in the City Council Chamber, Irvine Civic Center, 1 Civic Center Plaza, Irvine, California; Chair Jacobs presiding.

ROLL CALL

Present:	6	Senior Council Member	Michele Jacknik
		Senior Council Member	Bill Sandlin*
		Senior Council Member	Preeti Singh
		Senior Council Member	Myung Suh
		Vice Chair	Amal Baradehi
		Chair	Greta Jacobs
Absent:	1	Senior Council Member	Zainab Saadi, MD

**arrived at 9:16 a.m.*

PLEDGE OF ALLEGIANCE

Vice Chair Baradehi led the Pledge of Allegiance.

PARTICIPATION IN SENIOR COUNCIL MEETING

Athena Martinez, Recording Secretary, provided instructions on how to participate in the Senior Council meeting for those attending via Zoom or in person.

INTRODUCTIONS

There were no introductions.

1. PRESENTATIONS

1.1 Distinguished Service Award: Marc Pickering

This award was presented to Marc Pickering in recognition of his dedicated service to the Elderly Nutrition Program since 2022, providing 378 volunteer hours to date.

1.2 Community Engagement – Benefits of Volunteering

Gloria Cedillo and Kristen Jefferson, Community Services Program Coordinators, provided a presentation on the benefits of volunteering.

PUBLIC COMMENTS – NON-AGENDIZED ITEMS

Rachel Owens, resident and Orange County Older Adults Advisory Commission member, spoke on the county's Master Plan on Aging's five areas of focus and potential legislation affecting seniors as a result of the 93 initiatives developed.

2. ANNOUNCEMENTS

2.1 STAFF ANNOUNCEMENTS

Denise Bennett-Arabatzis, Community Services Supervisor, made the following announcements:

- The final Summer in the City event is a concert at Mike Ward Community Park-Woodbridge on August 17 with the band DW3 playing R&B, Soul, and Old School Funk.
- The Pacific Symphony's free Symphony in the City event will be held on Sunday, August 18 at Great Park Live. There will be family-friendly activities beginning at 5:30 p.m., followed by the concert at 7 p.m.
- The CHAMPION Program (Community Helpers Assisting Mature Persons in Our Neighborhood) will conduct its annual new volunteer orientation and seven-week training series on September 18 from 1 to 2:30 p.m. at Lakeview Senior Center. Trainings are scheduled every Wednesday, from September 25 to November 13 (with the exception of October 2), from 1-2:30 p.m. Visit yourirvine.org or call 949-724-6915 to learn more about the CHAMPION program and register for the orientation.
- The Healthy Living Expo will be held on September 20 from 9 a.m. to noon at Lakeview Senior Center. This outdoor event will include community resources, health screenings, fitness demonstrations, educational presentations, and a wide variety of exhibitors. Admission and parking are free.
- September is National Senior Center Month celebrating how senior centers provide opportunities for older adults to connect with one another. Irvine Senior Services will be hosting a series of programs at Lakeview and Rancho senior centers and Trabuco Center throughout the month of September. Participants who join these programs will have their name entered into an opportunity drawing to occur at the Healthy Living Expo on September 20.

2.2 SENIOR COUNCIL ANNOUNCEMENTS/UPDATES

There were no Senior Council announcements/updates.

2.3 ORANGE COUNTY OLDER ADULTS ADVISORY COMMISSION (OCOAC)

Senior Council Member Jacknik reported the following from the August 9 OCOAAC meeting:

- A presentation on Veterans Services was provided by Eric Ensley, County Veterans Services Officer. To connect with the Veterans Services Office or to book an appointment, visit veterans.ocgov.com or call 714-480-6555.
- The Orange County Office on Aging (OoA) is developing a new Information and Assistance brochure.
- OoA created a new monthly newsletter and the first issue was distributed in July. Subscriptions are free and can be found at officeonaging.ocgov.com.
- The California Department on Aging is distributing a new service guide, Aging in California, to senior centers and will be available in multiple languages. To view online, visit aging.ca.gov/aging_resources.

2.4 SENIOR CITIZENS COUNCIL NUTRITION SUBCOMMITTEE

Vice Chair Baradehi reported the following from the August 12 subcommittee meeting:

- Meals on Wheels:
 - Program in need of volunteer drivers
 - Service out of Trabuco Center on hold pending logistics research
- Congregate Meals:
 - New volunteer group helping in the kitchen and doing a great job
 - Statistics shared for meals served
- A survey was conducted of volunteer drivers, servers, and kitchen staff; feedback was positive.
- New grant received to develop new programs:
 - Restaurant program to allow for meal delivery from menu, once a week
 - TOGO program allowing friendly visitor volunteers to pick up a meal and have lunch with a participant
- Food waste from reservation no-shows and cancellations is being managed.
- Participant donations have increased.

ADDITIONS AND DELETIONS

There were no additions or deletions to the agenda.

3. SENIOR CITIZENS COUNCIL BUSINESS

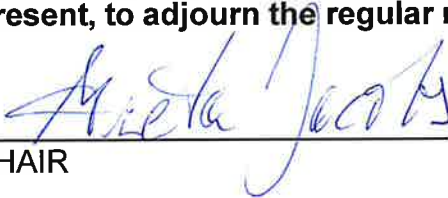
3.1 MINUTES

ACTION: Moved by Senior Council Member Jacknik, seconded by Vice Chair Baradehi, and unanimously carried by those members present (Senior Council Member Saadi absent) to approve the minutes of the Irvine Senior Citizens Council regular meeting held July 18, 2024.

END OF COUNCIL BUSINESS

ADJOURNMENT

Moved by Senior Council Member Sandlin, seconded by Senior Council Member Singh, and unanimously carried by those members present, to adjourn the regular meeting of the Senior Council at 9:32 a.m.



CHAIR



Athena Martinez, Recording Secretary
Recording Secretary

9-19-2024

Date Approved