

MINUTES

IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

October 17, 2024
Council Chamber
1 Civic Center Plaza
Irvine, CA 92606

CALL TO ORDER

The regular meeting of the Irvine Senior Citizens Council (Senior Council) was called to order at 9 a.m. on October 17, 2024, in the City Council Chamber, Irvine Civic Center, 1 Civic Center Plaza, Irvine, California; Chair Jacobs presiding.

ROLL CALL

Present: 4 Senior Council Member Zainab Saadi, MD

Senior Council Member Bill Sandlin
Vice Chair Amal Baradehi
Chair Greta Jacobs

Absent: 3 Senior Council Member Michele Jacknik

Senior Council Member Preeti Singh Senior Council Member Myung Suh

PLEDGE OF ALLEGIANCE

Senior Council Member Saadi led the Pledge of Allegiance.

PARTICIPATION IN SENIOR COUNCIL MEETING

Athena Martinez, Recording Secretary, provided instructions on how to participate in the Senior Council meeting for those attending via Zoom or in person.

INTRODUCTIONS

There were no introductions.

1. PRESENTATIONS

1.1 Distinguished Service Award – Rae Otake

This award will be presented at a future date.

1.2 Voting Essentials - Orange County Registrar of Voters

Connie Markus and Robert Sammartino, Registrar of Voters Community Engagement Specialists, provided a presentation with handout and responded to Senior Council inquiries.

Discussion included: aging impacts to signature verification; employer obligations for time off to vote.

1.3 Senior Services Quarterly Review

Denise Bennett-Arabatzis and Amber Castrey, Community Services Supervisors, provided a presentation with handout and responded to Senior Council inquiries.

PUBLIC COMMENTS - NON-AGENDIZED ITEMS

Rachel Owens, resident, and Orange County Older Adults Advisory Commission (OCOAAC) Senior Center Liaison, appeared in-person to share about the Orange County Health Department presentation on Early Intervention Services for Older Adults (EISOA), presented at the October 11 OCOAAC meeting. EISOA provides personalized support to maintain independence and quality of life. There are nine agencies throughout the county providing these services for older adults in the community.

Sylvia Walker, resident, appeared via Zoom to speak in support of making recordings of Senior Council meetings available on the City's website as done with other commissions.

2. ANNOUNCEMENTS

2.1 STAFF ANNOUNCEMENTS

Ryan McGraw, Community Services Superintendent, announced Kristen Jefferson's promotion from Community Services Program Coordinator to Communications & Engagement Management Analyst II.

Supervisor Bennett-Arabatzis made the following announcements:

- The Health Insurance Counseling and Advocacy Program (HICAP) Medicare Annual Enrollment Clinic is scheduled for October 23 and November 9 from 9 a.m. to 4 p.m. at Lakeview Senior Center. HICAP counselors will be on-site to review health and drug comparison charts and conduct a cost analysis of Medicare options. Registration is required. To make an appointment, call the Keen Center for Senior Resources at 949-724-6926.
- The Irvine Police Department will be participating in the U.S. Drug Enforcement Administration's National Prescription Drug Take Back Day on October 26 from 10 a.m. to 2 p.m. This free service allows for residents to bring expired or unneeded prescription drugs to the Irvine Police Department. Additional collection sites will be held at Hoag Health Center at 16105 Sand Canyon Avenue in Irvine.

- Senior Services will honor Irvine veterans aged 50 and older for their service by placing an American flag in their yard or at their door in honor of Veterans Day. Flags will be delivered November 6 and 7 by City dignitaries, staff, and volunteers. Register by November 1 at *yourirvine.org*.
- The annual Holiday Faire will be held at the Great Park Palm Court Arts Complex on November 9 from 10 a.m. to 4 p.m. This popular and free event will feature live holiday music and an artisan atmosphere, offering patrons the opportunity to shop from unique and local businesses while experiencing the excitement of the season. A flyer was provided.
- The City's annual Veterans Day Ceremony will be held at Colonel Bill Barber Marine Corps Memorial Park on November 11 from 11 a.m. to 12:30 p.m. This free event will pay tribute to our nation's troops – past and present – and will honor local veterans, veterans' groups, and military organizations. In the event of inclement weather, the ceremony will move to City Hall.

2.2 SENIOR COUNCIL ANNOUNCEMENTS/UPDATES

Senior Council Member Saadi requested information about alternate drug take-back locations after the October 26 event mentioned in staff announcements.

2.3 SENIOR SERVICES SUPPORT/INTEREST GROUPS

2.3.1 Ektaa Center: South Asian Senior Association – No report.

2.3.2 Friends of Outreach (FOO)

Kathleen Pfeiffer, President, reported the following:

- FOO is a non-profit, fundraising partner for Senior Services in support of programs and services and is celebrating its 40 year anniversary.
- Bingo is held on Tuesdays and continues to be the most popular fundraiser. Look for the new banner on the corner of Alton Parkway and Lake Road.
- FOO is seeking donations and collecting items for the holiday gift bag distribution program.
- Thank you to Mayor Farrah Kahn for recent donation of \$500 to support older adults in Irvine.

2.3.3 Irvine Adult Day Health Services, Inc. (IADHS)

Hollis Parmely-Dalton, Executive Director, reported the following:

- Has been with IADHS since 2012, assumed the role of Executive Director in July 2024.
- Quarter one growth increased by eight participants, and 35 documented facility tours where completed.
- IADHS participation and activities are returning to pre-pandemic numbers.
- IADHS now offering two lunch service opportunities.

- A thanksgiving fundraiser has been planned for November to support nutrition and food programs.
- Restaurant fundraisers have been planned at MOD Pizza and Chipotle.

2.3.4 Irvine Evergreen Chinese Senior Association (IECSA)

Jerry Chang, Co-President, reported the following:

- IECSA is celebrating its 35 year anniversary, has 577 registered members, and 380 members actively participating in programs and activities. The anniversary book has been published and is available to order.
- The October 19 IECSA monthly meeting, from 10 a.m. to 3 p.m., will include speakers providing information on Medicare Open Enrollment and the Registrar of Voters. The meeting will also include entertainment, karaoke, and more.
- IECSA participated in the Mid-Autumn Festival and Irvine Global Village Festival; the booth was very active with calligraphy and fan distribution. IECSA will have a booth on November 2 during the Bountiful Harvest Health Fair at Irvine Valley College.
- The choir instructor has retired and a new one has been hired effective October 24.

2.3.5 NEDA-Association of Iranian American Seniors – No report.

2.4 ORANGE COUNTY OLDER ADULTS ADVISORY COMMISSION (OCOAAC)

Vice Chair Baradehi reported the following from the October 11 OCOAAC meeting:

- The Orange County Health Care Agency provided a presentation on Early Intervention Services for Older Adults (EISOA)
 - EISOA provides services for older adults experiencing early onset of mental health conditions, or those with increased risk of developing mental health issues.
 - Is a no-cost service with in-person and online workshops and socialization events.
 - Resource referrals and case management visits.
 - o Group and individual therapy and Gero-Psychiatry referrals.
- Provided a handout on Grand Jury report: "Gray Matters A Look at the Orange County Office on Aging."
- OCOAAC Commissioners seeking budget support from Board of Supervisors for broadcasting efforts to promote resources.
- Office on Aging analyzing results of survey taken earlier in the year to assist with development of Master Plan on Aging.

2.5 SENIOR CITIZENS COUNCIL NUTRITION SUBCOMMITTEE

Vice Chair Baradehi reported the following from the October 14 Nutrition Committee meeting:

• Volunteer drivers are needed for Meals on Wheels deliveries and non-emergency medical appointments.

- Statistics for meal programs shared.
- Veterans Day luncheon is scheduled for November 8 with one seating for 150 participants.
- Thanksgiving Day Luncheon is scheduled for November 22 with two seatings, each for 125 participants.

ADDITIONS AND DELETIONS

There was one addition to the agenda. The word "advisory" was mistakenly left off the agenda for Business Item 3.2 and was added to the Action.

3. SENIOR CITIZENS COUNCIL BUSINESS

3.1 MINUTES

ACTION: Moved by Senior Council Member Sandlin, seconded by Vice Chair Baradehi, and unanimously carried by those members present (Senior Council Members Jacknik, Singh, and Suh were absent) to approve the minutes of the Irvine Senior Citizens Council regular meeting held September 19, 2024.

3.2 SENIOR CITIZENS COUNCIL NAME CHANGE

Superintendent McGraw presented the staff report and responded to inquiries.

Discussion included: need for the term "advisory"; name change for senior centers.

Doug Elliott, resident, submitted public comments via email (read by Recording Secretary) in support of using the alternate term "elder" versus "older adult."

Sylvia Walker, resident, joined via Zoom and spoke in support of using the alternate term "elder" or otherwise reject the name change.

ACTION: Moved by Senior Council Member Sandlin, seconded by Vice Chair Baradehi, to:

Approve changing the name of the Irvine Senior Citizens Council to the Irvine Advisory Commission for Older Adults.

The motion carried as follows:

AYES: 3 Baradehi, Jacobs, Sandlin

NOES: 1 Saadi

ABSENT: 3 Jacknik, Singh, Suh

ABSTAIN: 0

END OF COUNCIL BUSINESS

ADJOURNMENT

Moved by Senior Council Member Sandlin, seconded by Vice Chair Baradehi, and unanimously carried by those members present, to adjourn the regular meeting of the Senior Council at 10:26 a.m.

CHAIR

Athena Martinez, Recording Secretary

Recording Secretary

Date Approved