

## **MINUTES**

# IRVINE SENIOR CITIZENS COUNCIL REGULAR MEETING

November 21, 2024 Council Chamber 1 Civic Center Plaza Irvine, CA 92606

#### **CALL TO ORDER**

The regular meeting of the Irvine Senior Citizens Council (Senior Council) was called to order at 9:00 a.m. on November 21, 2024, in the City Council Chamber, Irvine Civic Center, 1 Civic Center Plaza, Irvine, California; Chair Jacobs presiding.

#### **ROLL CALL**

Present:

7

Senior Council Member

Senior Council Member

Senior Council Member Senior Council Member Senior Council Member

Vice Chair

Chair

Michele Jacknik Zainab Saadi, MD\*

Bill Sandlin

Preeti Singh\*\*
Myung Suh

Amal Baradehi Greta Jacobs

\*arrived at 9:23 a.m. \*\*arrived at 9:32 a.m.

#### PLEDGE OF ALLEGIANCE

Senior Council Member Sandlin led the Pledge of Allegiance.

#### PARTICIPATION IN SENIOR COUNCIL MEETING

Athena Martinez, Recording Secretary, provided instructions on how to participate in the Senior Council meeting for those attending via Zoom or in person.

#### **INTRODUCTIONS**

Amber Castrey, Community Services Supervisor, introduced Valeria Castillo, Outreach Assistant I-EPT.

#### 1. PRESENTATIONS

## 1.1 Distinguished Service Awards

1.1.1 Rae Otake - To be presented at a future date.

## 1.1.2 Myron Okimoto

This award was presented to Myron Okimoto for his dedicated service to the Elderly Nutrition Program since 2021, providing over 167 volunteer hours.

## 1.2 Community Health Initiative of Orange County (CHIOC)

Kevin Mendoza, CHIOC Program Coordinator, and Suzette Palacios, CHIOC Community Health Access Assistant, provided a presentation with handout and responded to Senior Council inquiries.

Discussion included: program awareness and marketing; outreach efforts; mental health assistance; funding resources.

#### PUBLIC COMMENTS - NON-AGENDIZED ITEMS

Jerry Chang, Irvine Evergreen Chinese Senior Association President, invited Senior Council Members to the association's holiday lunch at J. Zhou at 11:30 a.m. on December 5.

#### 2. ANNOUNCEMENTS

#### 2.1 STAFF ANNOUNCEMENTS

Ryan McGraw, Community Services Superintendent, made the following announcements:

- On November 12, City Council approved the first reading of the ordinance to update Commission and Committee Bylaws at its November 12 meeting, including the renaming of Senior Citizens Council to "Irvine Advisory Commission for Older Adults. A second reading of the ordinance is scheduled for November 26. Pending approval, new name and bylaw updates will take effect December 26, 2024.
- Denise Bennett-Arabatzis has been appointed as the City's new Office of Health and Wellness Administrator, thereby leaving the Senior Services Section. Community Services thanks her for her years of service to the older adult population.

Supervisor Castrey made the following announcements:

- City offices will be closed on Thursday, November 28 and Friday, November in observance of the Thanksgiving holiday.
- The Annual Irvine 2/11 Marine Corps Toy Drive began November 1. Donation bins are located at City Hall, Police Department, and Great Park Visitors Center. Drivethru drop off events will be held Sunday, December 8 and Saturday, December 14 from 9 a.m. to noon each day in the Bill Barber Park parking lot closest to the Deanna Manning Stadium. Donations are being accepted through December 14. A flyer was provided.
- Senior Services is offering an Internet Safety presentation on December 2 from 10:30 a.m. to noon at Lakeview Senior Center. The presentation will cover common scams occurring through phone calls, text, email, popular apps, and more. Presented by Cox Communications in collaboration with Irvine Police Department.
- Illuminate Irvine will be held on December 7 at Great Park Palm Court Arts Complex with festivities beginning at 3 p.m. The evening will culminate with the lighting of the holiday tree.
- The Irvine Fine Arts Center presents the annual Holiday Market on December 7 from 3 to 8 p.m. and December 8 from 10 a.m. to 3 p.m. Both dates will be held at Great Park Hangar and will feature 25 vendors with handmade offerings spanning everything from jewelry to ceramics, folk crafts to clothing, and more.
- Installation of new Mayor and City Council members is scheduled for December
   10 as part of the regular City Council meeting agenda.

#### 2.2 SENIOR COUNCIL ANNOUNCEMENTS/UPDATES - No announcements.

## 2.3 ORANGE COUNTY OLDER ADULTS ADVISORY COMMISSION (OCOAAC)

Senior Council Member Jacknik provided the following report from the November 8 OCOAAC meeting:

- Dr. Laura Trejo, Director of the Los Angeles Aging and Disability Department, provided a presentation regarding the changing face of aging.
- Dr. Trejo also described the Purposeful Aging Los Angeles (PALA) initiative launched in 2016, seeking to prepare the Los Angeles region for rapid growth among the aging population.
- The Los Angeles Healthy Aging and Chronic Disease Dashboard, ad.lacounty.gov/dashboard, is a robust and innovative online tool that summarizes data on quality of life for older adults.
- OCOAAC held elections for new Executive Committee members. Irvine's Rachel Owens will serve as Vice Chairperson for 2025.
- November is National Family Caregiver month.
- Office on Aging has a new local call center number, 714-480-6450.

### 2.4 SENIOR CITIZENS COUNCIL NUTRITION SUBCOMMITTEE - No report.

#### **ADDITIONS AND DELETIONS**

There were no additions or deletions to the agenda.

#### 3. SENIOR CITIZENS COUNCIL BUSINESS

#### 3.1 MINUTES

Superintendent McGraw reviewed updates regarding minutes for the October 17, 2024 Senior Council meeting.

#### **ACTION:**

Moved by Senior Council Member Sandlin, seconded by Vice Chair Baradehi, and unanimously carried by those members present to approve the minutes of the Irvine Senior Citizens Council regular meeting held October 17, 2024.

## 3.2 IRVINE SENIOR CITIZENS COUNCIL 2025 MEETING SCHEDULE

Superintendent McGraw presented the proposed 2025 meeting schedule, highlighting the June meeting date change from third Thursday to second Thursday due to holiday on June 19.

#### **ACTION:**

Moved by Vice Chair Baradehi, seconded by Senior Council Singh, and unanimously carried by those members present to approve the Irvine Senior Citizens Council 2025 meeting schedule as presented.

#### **END OF COUNCIL BUSINESS**

#### **ADJOURNMENT**

Moved by Senior Council Member Sandlin, seconded by Senior Council Member Jacknik, and unanimously carried by those members present, to adjourn the regular meeting of the Senior Council at 9:46 a.m.

Athena Martinez, Recording Secretary

**Recording Secretary** 

CHAIR January 16, 2025
Date Approved