



Michele Jacknik  
Chair

Rachel Owens  
Vice Chair

Mike C. Chen  
Commissioner

Greta Jacobs  
Commissioner

Zainab Saadi, MD  
Commissioner

Bill Sandlin  
Commissioner

Preeti Singh  
Commissioner

Ray S. Wong, PharmD, MBA  
Commissioner

VACANT  
Commissioner

# AGENDA

## IRVINE ADVISORY COMMISSION FOR OLDER ADULTS REGULAR MEETING

**February 20, 2025  
9:00 AM**

**City Council Chamber  
1 Civic Center Plaza  
Irvine, CA 92606**

**PARTICIPATION VIA ZOOM  
MEETING ID: 836 7511 6262  
PASSCODE: 100495**

**WEBSITE: [zoom.us/join](https://zoom.us/join)  
TELEPHONE: 669-900-6833  
or 346-248-7799**

To participate virtually, visit [zoom.us/join](https://zoom.us/join) using any web browser, or the Zoom app on smartphones or tablets, and enter the Meeting ID and Passcode noted above. To participate by telephone, dial one of the numbers listed above and enter the same Meeting ID and Passcode. For technical assistance before or during the meeting, call 949-724-6078.

### CALL TO ORDER

### ROLL CALL

**PLEDGE OF ALLEGIANCE** – Vice Chair Owens

### INTRODUCTIONS

#### 1. PRESENTATIONS

***1.1 Distinguished Service Award: Kathleen Owsinski***

***1.2 Age Well Senior Services***

**PUBLIC COMMENTS – NON-AGENDIZED ITEMS**

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Any member of the public may address the Commission on items within the Commission’s subject matter jurisdiction but which are not listed on this agenda; however, no action may be taken on matters that are not part of the posted agenda. If 20 or fewer requests to provide public comments are submitted, each speaker shall be limited to three minutes. If between 21 and 30 speakers submit public comments, each speaker shall be limited to two minutes. If more than 30 speakers submit public comments, each speaker shall be limited to 90 seconds per item. The time limit per speaker shall be established based on the number of requests to speak submitted to the Recording Secretary before the first speaker is called. Requests to speak submitted after the first speaker is called shall receive 90 seconds. These time limits may be shortened or extended, or a cumulative limit on the time for all public speakers may be imposed, at the discretion of the Chair or by a majority vote of the Commission.

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**2. ANNOUNCEMENTS/REPORTS**

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Announcements, Committee Reports, and Commissioner Comments are for the purpose of presenting brief comments or reports, are subject to California Government Code Section 54954.2 of the Brown Act, and are limited to three minutes per speaker. In addition, the Chair shall receive any necessary additional time to deliver announcements of community events and opportunities.

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**2.1 STAFF ANNOUNCEMENTS**

**2.2 COMMISSION ANNOUNCEMENTS/UPDATES**

**2.3 ORANGE COUNTY OLDER ADULTS ADVISORY COMMISSION**

**2.4 COMMISSION NUTRITION SUBCOMMITTEE**

**ADDITIONS AND DELETIONS**

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Additions to the agenda are limited by California Government Code Section 54954.2 of the Brown Act and for those items that arise after the posting of the Agenda and must be acted upon prior to the next meeting.

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**3. COMMISSION BUSINESS**

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Public comments on Commission items will be heard at the time the matters are considered. If 10 or fewer requests to speak are submitted, each speaker shall be limited to three minutes per item. If between 11 and 15 speakers submit requests to speak, each speaker shall be limited to two minutes per item. If 16 or more requests to speak are submitted, each speaker shall be limited to 90 seconds per item. The time limit per speaker shall be established based on the number of requests to speak submitted to the Recording Secretary before the first speaker is called. Requests to speak submitted after the first speaker is called shall receive 90 seconds. These time limits may be shortened or extended, or a cumulative limit on the time for all public speakers may be imposed, at the discretion of the Chair or by a majority vote of the Commission.

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**3.1 MINUTES**

**ACTION:**

Approve the minutes of the Irvine Advisory Commission for Older Adults regular meeting held January 16, 2025.

**ADJOURNMENT**

**NOTICE TO THE PUBLIC****PARTICIPATION AT IRVINE ADVISORY COMMISSION FOR OLDER ADULTS MEETINGS**

Meetings are broadcast live on ICTV, Cox Communications Local Access Channel 30, and AT&T U-Verse Channel 99. You may submit comments on any agenda item or on any item not on the agenda, in writing via mail to: "Attn: Irvine Advisory Commission for Older Adults," 1 Civic Center Plaza, Irvine, CA 92606; by email to [olderadultscommission@cityofirvine.org](mailto:olderadultscommission@cityofirvine.org); or through e-Comment at [cityofirvine.org/senior-services/irvine-advisory-commission-older-adults](http://cityofirvine.org/senior-services/irvine-advisory-commission-older-adults). E-Comments submitted at least two hours prior to the commencement of the meeting will be distributed to the Commission at the meeting. You may also provide live comments via "Zoom." For more information, visit [cityofirvine.org/senior-services/irvine-advisory-commission-older-adults](http://cityofirvine.org/senior-services/irvine-advisory-commission-older-adults).

**REQUEST TO SPEAK IN PERSON:** If you would like to address the Commission on a scheduled agenda item or non-agenda item, please register by completing the electronic form available on the kiosk at the entrance to the City Council Chamber. We respectfully ask that you identify on the form your name and the item(s) on which you would like to speak. The Request to Speak Form on the kiosk assists the Chair in ensuring that all persons wishing to address the Commission are recognized. It also ensures the accurate identification of meeting participants in the Commission minutes. Your name will be called at the time public comments are heard by the Commission. City policy is to limit public testimony to up to three minutes per speaker depending on relevant circumstances, which includes the presentation of electronic or audio/visual information. Speakers may not yield their time to other persons.

Please take notice that the order of scheduled agenda items and/or the time they are actually heard, considered, and decided may be modified by the Chair or the Commission during the course of the meeting, so please stay alert.

**PLEASE NOTE:** The Commission is making every effort to follow the spirit and intent of the Brown Act and other applicable laws regulating the conduct of public meetings, in order to maximize transparency and public access. For questions or assistance, please contact the Community Services Department at 949-724-6732, or via email at [olderadultscommission@cityofirvine.org](mailto:olderadultscommission@cityofirvine.org). It would be appreciated if written communications of public comments related to items on the agenda, or items not on the agenda, are provided prior to the commencement of the meeting.

**LIVE BROADCASTING**

Regular Commission meetings are broadcast live every 3rd Thursday of the month at 9 a.m. All broadcasts can be viewed on Cox Communications Local Access Channel 30 and U-Verse Channel 99. Commission meetings are also available at any time for replaying through the City's website at [cityofirvine.org/senior-services/irvine-advisory-commission-older-adults](http://cityofirvine.org/senior-services/irvine-advisory-commission-older-adults). For more information, please contact the Commission liaison at 949-724-6732.

**ADJOURNMENT**

At 11 a.m., the Commission will determine which of the remaining agenda items can be considered and acted upon prior to 12 noon and will continue all other items for which additional time is required until a future Commission meeting. All meetings are scheduled to terminate at 12 noon.

**STAFF REPORTS**

As a general rule, staff reports or other written documentation have been prepared or organized with respect to each item of business listed on the agenda. Copies of these materials are on file with the Community Services Department and are available for public inspection and copying once the agenda is publicly posted, (at least 7 days prior to a regular Commission meeting). Staff reports can also be downloaded from the City's website at [cityofirvine.org/senior-services/irvine-advisory-commission-older-adults](http://cityofirvine.org/senior-services/irvine-advisory-commission-older-adults) at least 7 days prior to the scheduled Commission meeting.

If you have any questions regarding any item of business on the agenda for this meeting, or any of the staff reports or other documentation relating to any agenda item, please contact the Commission liaison at 949-724-6732.

**SUPPLEMENTAL MATERIAL RECEIVED AFTER THE POSTING OF THE AGENDA**

Any supplemental writings or documents distributed to a majority of the Commission regarding any item on this agenda after the posting of the agenda will be available for public review in the Community Services Department, 1 Civic Center Plaza, Irvine, California, during normal business hours. In addition, such writings or documents will be made available for public review at the respective public meeting.

If you have any questions regarding any item of business on the agenda for this meeting, or any of the staff reports or other documentation relating to any agenda item, please contact the Commission liaison at 949-724-6732.

**SUBMITTAL OF INFORMATION BY MEMBERS OF THE PUBLIC FOR DISSEMINATION OR PRESENTATION AT PUBLIC MEETINGS**

**1. Written Materials/Handouts:** Any member of the public who desires to submit documentation in hard copy form may do so prior to the meeting or at the time he/she addresses the Commission. Please provide 15 copies of the information to be submitted and file with the Recording Secretary at the time of arrival to the meeting. This information will be disseminated to the Commission at the time testimony is given.

**2. Large Displays/Maps/Renderings:** Any member of the public who desires to display freestanding large displays or renderings in conjunction with their public testimony is asked to notify the Community Services Department at 949-724-6732 no later than 12 noon on the day prior to the scheduled meeting.

**3. Electronic Documents/Audio-Visuals:** Any member of the public who desires to display information electronically in conjunction with their public testimony is asked to submit the information to the Community Services Department at 949-724-6732 no later than 12 noon on the day prior to the scheduled meeting.

**CITY SERVICES TO FACILITATE ACCESS TO PUBLIC MEETINGS**

It is the intention of the City of Irvine to comply with the Americans with Disabilities Act (ADA) in all respects. If, as an attendee or a participant at this meeting, you will need special assistance beyond what is normally provided, the City of Irvine will attempt to accommodate you in every reasonable manner. Please contact the Commission liaison at 949-724-6732.

Assisted listening devices are available at the meeting for individuals with hearing impairments. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting. (28 CFR 35. 102-35. 104 ADA Title II).

**MEETING SCHEDULE**

Regular meetings of the Irvine Advisory Commission for Older Adults are held on the third Thursdays of each month at 9 a.m. Agendas are available at the following locations:

- City Clerk’s Office
- Irvine Police Department
- Main Entrance of City Hall
- Lakeview Senior Center, 20 Lake Road
- Northwood Community Center, 4521 Bryan Ave
- Rancho Senior Center, 3 Ethel Coplen Way
- William Woollett Jr. Aquatics Center, 4601 Walnut Ave
- City’s web page at [cityofirvine.org](http://cityofirvine.org)

I hereby certify that the agenda for the Irvine Advisory Commission for Older Adults meeting was posted in accordance with law at the main entrance of City Hall, 1 Civic Center Plaza, Irvine, California, on February 13, 2025 by 5:30 p.m. as well as on the City’s website.

Athena Martinez, Recording Secretary

## **3. BUSINESS**

### **ITEM 3.1 MINUTES**



# MINUTES

## IRVINE ADVISORY COMMISSION FOR OLDER ADULTS REGULAR MEETING

**January 16, 2025**  
**Council Chamber**  
1 Civic Center Plaza  
Irvine, CA 92606

### CALL TO ORDER

The regular meeting of the Irvine Advisory Commission for Older Adults (Commission) was called to order at 9:01 a.m. on January 16, 2025, in the City Council Chamber, Irvine Civic Center, 1 Civic Center Plaza, Irvine, California; Chair Jacobs presiding.

### ROLL CALL

Present:	7	Commissioner	Mike C. Chen
		Commissioner	Michele Jacknik
		Commissioner	Zainab Saadi, MD
		Commissioner	Rachel Owens
		Commissioner	Bill Sandlin
		Commissioner	Preeti Singh
		Chair	Greta Jacobs

### PLEDGE OF ALLEGIANCE

Chair Jacobs led the Pledge of Allegiance.

### PARTICIPATION IN COMMISSION MEETING

Athena Martinez, Recording Secretary, provided instructions on how to participate in the Commission meeting for those attending via Zoom or in person.

### INTRODUCTIONS

Ryan McGraw, Community Services Superintendent, made the following introductions:

- Mike C. Chen, new Commissioner appointed by Councilmember Melinda Liu
- Rachel Owens, new Commissioner appointed by Councilmember James Mai

## **1. PRESENTATIONS**

### **1.1 City of Irvine Senior Services**

Gloria Cedillo and Kyle Raya, Community Services Program Coordinators, provided a presentation on the City's Senior Services section.

Discussion included: marketing of services; space needs of cultural groups; value of volunteers.

### **1.2 Senior Services Strategic Plan Quarterly Update**

Amber Castrey and Hee Jin Lee, Community Services Supervisors, provided outcomes from Year 2, Quarter 2 of the Strategic Plan for Older Adults 2023 through 2028.

Discussion included: potential expansion of Irvine CONNECT shuttle service; additional offerings of CERT Light program for older adults; evaluation of changing center names to include "Older Adults"; City's emergency preparedness efforts.

## **PUBLIC COMMENTS – NON-AGENDIZED ITEMS**

There were no public comments.

## **2. ANNOUNCEMENTS/REPORTS**

### **2.1 STAFF ANNOUNCEMENTS**

Superintendent McGraw made the following announcements:

- Hee Jin Lee recently promoted to Community Services Supervisor.
- Andrew Chen, Community Services Management Analyst, will serve as backup to Recording Secretary for Commission meetings.

Supervisor Castrey made the following announcements:

- A day excursion to the Ronald Reagan Presidential Library and Museum is scheduled for January 30. Trip cost of \$129 includes roundtrip transportation, admission, and gratuities. Registration required at [yourirvine.org](http://yourirvine.org), course number 114666.
- The AARP Foundation Tax-Aide is providing free tax assistance for taxpayers aged 50 and older with low-to-moderate income. Services are provided by a team of trained and certified volunteers at Trabuco Center every Thursday, from February 6 through April 10. For additional information, contact the Keen Center for Senior Resources at 949-724-6926 or at [yourirvine.org](http://yourirvine.org).
- The first of three Jazz at the Palm Court events will be held on February 15 from 1 to 3 p.m. in the Great Park Palm Court.
- Senior Centers will be closed on January 20 in observance of Martin Luther King Jr. Day.

## **2.2 COMMISSION ANNOUNCEMENTS/UPDATES**

Commissioner Owens shared information regarding donation collections being organized by County Supervisor Katrina Foley, in partnership with Orange County Fire Authority and IKEA Costa Mesa, to support those affected by the fires in Los Angeles.

## **2.3 OLDER ADULT SERVICES SUPPORT/INTEREST GROUPS**

### **2.3.1 Ektaa Center: South Asian Senior Association (SASA)**

Commissioner Singh reported the following:

- The focus of SASA is to address social isolation among older adults, offering a variety of classes and support groups.
- Referrals and resources are provided out of Lakeview Senior Center twice a month.
- The monthly social will be held on January 24.
- Thank you to staff for continued support of SASA efforts.

### **2.3.2 Friends of Outreach (FOO)**

Kathleen Pfeiffer, FOO President, reported the following:

- FOO is a non-profit 501(c)3 and the fundraising arm for Senior Services, operating out of Lakeview Senior Center.
- This is a volunteer group that provides the Bingo program, sewing/knitting/crocheting groups, and funding support for support services.
- All funds raised support Irvine's older adult population in need of assistance.
- FOO will celebrate its 40<sup>th</sup> anniversary on January 23 at Lakeview Senior Center.

### **2.3.3 Irvine Adults Day Health Services, Inc. (IADHS)**

Holly Parmely, IADHS Executive Director, reported the following:

- IADHS day program provides unique care services based on individual needs such as: skilled nursing; exercise and fitness; physical, occupational, and speech therapies; cognitive programs comingled with entertainment and music.
- IADHS is licensed to care for 60 participants per day.
- The new year will see creation of opportunities to connect with the community through training, lectures, social events, and fundraisers.
- Assemblywoman Cottie Petrie-Norris and California Association of Adult Day Services Executive Director Brian Rutledge will tour IADHS on January 24.
- Daily participation continues to grow post-pandemic. December 2024 ended with an enrollment of 60 participants, 41 of which are Irvine residents, and the average daily attendance is 28.



- Thank you to the City and Commission for continued support, and tours are available if interested in learning more about IADHS.

Commissioner Jacknik inquired about fees. Fees are set for private pay individuals, but also accepted is CBAST and CalOptima, services through Kaiser, SCAN, and a scholarship assistance program is also available.

Commissioner Saadi inquired about transportation services and services in different languages. Door-to-door transportation is coordinated through OCTA Access, and language assistance is provided to individuals as needed.

### **2.3.4 Irvine Evergreen Chinese Senior Association (IECSA)**

Jerry Chang, IECSA President, reported the following:

- IECSA membership is close to 400 members.
- IECSA offers weekly activities out of Lakeview Senior Center as follows:
  - Calligraphy – Monday 1:30-3 p.m.
  - Go-go Dance Fitness – Thursday 2-3:30 p.m.
  - Tai Chi – Wednesday 3-5 p.m.
  - Choir – Thursday 2:30-4 p.m.
  - Happy Aging – 3:30-5:30 p.m.
- Two special programs will be offered in January:
  - January 18 will include medical lecture on dry eye condition; Irvine youth Dragon and Lion dance; choir performance; Peking opera drama; and opportunity drawings to celebrate Chinese New Year.
  - January 29 will include a celebration for Chinese New Year “Year of the Snake” from 10 a.m. to 1 p.m. at Lakeview Senior Center. All Commissioners are welcome. Lunch will be provided, with entertainment to include Dragon and Lion dance, and face mask change.

Commissioner Chen inquired about membership requirements. Members must be 55 or older and an Irvine resident; all are welcome.

### **2.3.5 NEDA-Association of Iranian American Seniors – No report.**

## **2.4 ORANGE COUNTY OLDER ADULTS ADVISORY COMMISSION (OCAAC)**

Commissioner Jacknik provided the following report from the January 10 OCAAC meeting:

- Marco Rodriguez, Orange County Office on Aging Program Manager, provided a presentation on Office on Aging programs and services. Information can be found at [officeonaging.ocgov.com](http://officeonaging.ocgov.com). Additional ways to obtain information is by subscribing to the newsletter via the website, or downloading the mobile app.

- OCOAAC produced a 2024 report of activities and accomplishments, with the priority of developing goals and objectives for creating an age-friendly Orange County. Report is now with County Board of Supervisors for approval.

## **2.5 COMMISSION NUTRITION SUBCOMMITTEE**

Chair Jacobs reported the following:

- Nutrition Program statistics
- Volunteer Program statistics
- Attendance at holiday themed luncheons
- Holiday closures
- Food waste is less than 6% as cancellations are better controlled

## **ADDITIONS AND DELETIONS**

There were no additions or deletions to the agenda.

## **3. COMMISSION BUSINESS**

### **3.1 MINUTES**

**ACTION: Moved by Commissioner Jacknik, seconded by Commissioner Saadi, and unanimously carried by those members present to:**

Approve the minutes of the Irvine Senior Citizens Council regular meeting held November 21, 2024.

### **3.2 IRVINE ADVISORY COMMISSION FOR OLDER ADULTS COMMITTEE ASSIGNMENTS**

Superintendent McGraw presented the staff report.

**ACTION: Moved by Commissioner Owens, seconded by Commissioner Saadi, and unanimously carried by those members present to:**

Approve committee assignments as follows:

- Orange County Older Adults Advisory Commission: Commissioners Jacknik, Jacobs, Owens, Singh
- Commission Nutrition Subcommittee: Commissioners Chen, Jacobs, Singh

**3.3 IRVINE ADVISORY COMMISSION FOR OLDER ADULTS ELECTION OF OFFICERS**

Superintendent McGraw reviewed the roles of Chair and Vice Chair as stated in the Bylaws and opened the floor for nominations for the role of Chair.

Chair Jacobs nominated Commissioner Jacknik; nomination accepted.

Commissioner Owens nominated herself.

Commissioner Sandlin nominated Commissioner Saadi; nomination accepted.

**ACTION:**

**By unanimous consensus, the nomination period was closed.**

**ACTION:**

A roll call vote was conducted by Nominee Name selection.

Commissioner Jacknik:	3	Chen; Jacknik; Jacobs
Commissioner Owens:	2	Owens; Singh
Commissioner Saadi:	2	Saadi; Sandlin

Commissioner Owens withdrew herself from nominations. A subsequent roll call vote was taken.

**ACTION: Moved by Chair Jacobs, seconded by Commissioner Chen to elect Commissioner Jacknik as Chair.**

**The motion carried as follows:**

Commissioner Jacknik:	5	Chen; Jacknik; Jacobs; Owens; Singh
Commissioner Saadi:	2	Saadi; Sandlin

Chair Jacknik opened nominations for role of Vice Chair.

Commissioner Owens nominated Commissioner Saadi; nomination accepted.

Commissioner Jacobs nominated Commissioner Owens; nomination accepted.

**ACTION:**

**By unanimous consensus, the nomination period was closed.**

**ACTION: Moved by Commissioner Jacobs, seconded by Commissioner Owens to elect Commissioner Owens as Vice Chair:**

**The motion carried as follows:**

Commissioner Owens:	5	Chen; Jacknik; Jacobs; Owens; Singh
Commissioner Saadi:	2	Saadi; Sandlin

**END OF COUNCIL BUSINESS**

**ADJOURNMENT**

**Moved by Chair Jacknik, seconded by Commissioner Sandlin, and unanimously carried by those members present, to adjourn the regular meeting of the Commission at 10:10 a.m.**

\_\_\_\_\_  
CHAIR

\_\_\_\_\_  
Athena Martinez, Recording Secretary

\_\_\_\_\_  
Date Approved