



MINUTES

IRVINE ADVISORY COMMISSION FOR OLDER ADULTS REGULAR MEETING

January 16, 2025
Council Chamber
1 Civic Center Plaza
Irvine, CA 92606

CALL TO ORDER

The regular meeting of the Irvine Advisory Commission for Older Adults (Commission) was called to order at 9:01 a.m. on January 16, 2025, in the City Council Chamber, Irvine Civic Center, 1 Civic Center Plaza, Irvine, California; Chair Jacobs presiding.

ROLL CALL

Present:	7	Commissioner	Mike C. Chen
		Commissioner	Michele Jacknik
		Commissioner	Zainab Saadi, MD
		Commissioner	Rachel Owens
		Commissioner	Bill Sandlin
		Commissioner	Preeti Singh
		Chair	Greta Jacobs

PLEDGE OF ALLEGIANCE

Chair Jacobs led the Pledge of Allegiance.

PARTICIPATION IN COMMISSION MEETING

Athena Martinez, Recording Secretary, provided instructions on how to participate in the Commission meeting for those attending via Zoom or in person.

INTRODUCTIONS

Ryan McGraw, Community Services Superintendent, made the following introductions:

- Mike C. Chen, new Commissioner appointed by Councilmember Melinda Liu
- Rachel Owens, new Commissioner appointed by Councilmember James Mai

1. PRESENTATIONS

1.1 City of Irvine Senior Services

Gloria Cedillo and Kyle Raya, Community Services Program Coordinators, provided a presentation on the City's Senior Services section.

Discussion included: marketing of services; space needs of cultural groups; value of volunteers.

1.2 Senior Services Strategic Plan Quarterly Update

Amber Castrey and Hee Jin Lee, Community Services Supervisors, provided outcomes from Year 2, Quarter 2 of the Strategic Plan for Older Adults 2023 through 2028.

Discussion included: potential expansion of Irvine CONNECT shuttle service; additional offerings of CERT Light program for older adults; evaluation of changing center names to include "Older Adults"; City's emergency preparedness efforts.

PUBLIC COMMENTS – NON-AGENDIZED ITEMS

There were no public comments.

2. ANNOUNCEMENTS/REPORTS

2.1 STAFF ANNOUNCEMENTS

Superintendent McGraw made the following announcements:

- Hee Jin Lee recently promoted to Community Services Supervisor.
- Andrew Chen, Community Services Management Analyst, will serve as backup to Recording Secretary for Commission meetings.

Supervisor Castrey made the following announcements:

- A day excursion to the Ronald Reagan Presidential Library and Museum is scheduled for January 30. Trip cost of \$129 includes roundtrip transportation, admission, and gratuities. Registration required at yourirvine.org, course number 114666.
- The AARP Foundation Tax-Aide is providing free tax assistance for taxpayers aged 50 and older with low-to-moderate income. Services are provided by a team of trained and certified volunteers at Trabuco Center every Thursday, from February 6 through April 10. For additional information, contact the Keen Center for Senior Resources at 949-724-6926 or at yourirvine.org.
- The first of three Jazz at the Palm Court events will be held on February 15 from 1 to 3 p.m. in the Great Park Palm Court.
- Senior Centers will be closed on January 20 in observance of Martin Luther King Jr. Day.

2.2 COMMISSION ANNOUNCEMENTS/UPDATES

Commissioner Owens shared information regarding donation collections being organized by County Supervisor Katrina Foley, in partnership with Orange County Fire Authority and IKEA Costa Mesa, to support those affected by the fires in Los Angeles.

2.3 OLDER ADULT SERVICES SUPPORT/INTEREST GROUPS

2.3.1 Ektaa Center: South Asian Senior Association (SASA)

Commissioner Singh reported the following:

- The focus of SASA is to address social isolation among older adults, offering a variety of classes and support groups.
- Referrals and resources are provided out of Lakeview Senior Center twice a month.
- The monthly social will be held on January 24.
- Thank you to staff for continued support of SASA efforts.

2.3.2 Friends of Outreach (FOO)

Kathleen Pfeiffer, FOO President, reported the following:

- FOO is a non-profit 501(c)3 and the fundraising arm for Senior Services, operating out of Lakeview Senior Center.
- This is a volunteer group that provides the Bingo program, sewing/knitting/crocheting groups, and funding support for support services.
- All funds raised support Irvine's older adult population in need of assistance.
- FOO will celebrate its 40th anniversary on January 23 at Lakeview Senior Center.

2.3.3 Irvine Adults Day Health Services, Inc. (IADHS)

Holly Parmely, IADHS Executive Director, reported the following:

- IADHS day program provides unique care services based on individual needs such as: skilled nursing; exercise and fitness; physical, occupational, and speech therapies; cognitive programs comingled with entertainment and music.
- IADHS is licensed to care for 60 participants per day.
- The new year will see creation of opportunities to connect with the community through training, lectures, social events, and fundraisers.
- Assemblywoman Cottie Petrie-Norris and California Association of Adult Day Services Executive Director Brian Rutledge will tour IADHS on January 24.
- Daily participation continues to grow post-pandemic. December 2024 ended with an enrollment of 60 participants, 41 of which are Irvine residents, and the average daily attendance is 28.

- Thank you to the City and Commission for continued support, and tours are available if interested in learning more about IADHS.

Commissioner Jacknik inquired about fees. Fees are set for private pay individuals, but also accepted is CBAST and CalOptima, services through Kaiser, SCAN, and a scholarship assistance program is also available.

Commissioner Saadi inquired about transportation services and services in different languages. Door-to-door transportation is coordinated through OCTA Access, and language assistance is provided to individuals as needed.

2.3.4 Irvine Evergreen Chinese Senior Association (IECSA)

Jerry Chang, IECSA President, reported the following:

- IECSA membership is close to 400 members.
- IECSA offers weekly activities out of Lakeview Senior Center as follows:
 - Calligraphy – Monday 1:30-3 p.m.
 - Go-go Dance Fitness – Thursday 2-3:30 p.m.
 - Tai Chi – Wednesday 3-5 p.m.
 - Choir – Thursday 2:30-4 p.m.
 - Happy Aging – 3:30-5:30 p.m.
- Two special programs will be offered in January:
 - January 18 will include medical lecture on dry eye condition; Irvine youth Dragon and Lion dance; choir performance; Peking opera drama; and opportunity drawings to celebrate Chinese New Year.
 - January 29 will include a celebration for Chinese New Year “Year of the Snake” from 10 a.m. to 1 p.m. at Lakeview Senior Center. All Commissioners are welcome. Lunch will be provided, with entertainment to include Dragon and Lion dance, and face mask change.

Commissioner Chen inquired about membership requirements. Members must be 55 or older and an Irvine resident; all are welcome.

2.3.5 NEDA-Association of Iranian American Seniors – No report.

2.4 ORANGE COUNTY OLDER ADULTS ADVISORY COMMISSION (OCAAC)

Commissioner Jacknik provided the following report from the January 10 OCAAC meeting:

- Marco Rodriguez, Orange County Office on Aging Program Manager, provided a presentation on Office on Aging programs and services. Information can be found at officeonaging.ocgov.com. Additional ways to obtain information is by subscribing to the newsletter via the website, or downloading the mobile app.

- OCOAAC produced a 2024 report of activities and accomplishments, with the priority of developing goals and objectives for creating an age-friendly Orange County. Report is now with County Board of Supervisors for approval.

2.5 COMMISSION NUTRITION SUBCOMMITTEE

Chair Jacobs reported the following:

- Nutrition Program statistics
- Volunteer Program statistics
- Attendance at holiday themed luncheons
- Holiday closures
- Food waste is less than 6% as cancellations are better controlled

ADDITIONS AND DELETIONS

There were no additions or deletions to the agenda.

3. COMMISSION BUSINESS

3.1 MINUTES

ACTION: Moved by Commissioner Jacknik, seconded by Commissioner Saadi, and unanimously carried by those members present to:

Approve the minutes of the Irvine Senior Citizens Council regular meeting held November 21, 2024.

3.2 IRVINE ADVISORY COMMISSION FOR OLDER ADULTS COMMITTEE ASSIGNMENTS

Superintendent McGraw presented the staff report.

ACTION: Moved by Commissioner Owens, seconded by Commissioner Saadi, and unanimously carried by those members present to:

Approve committee assignments as follows:

- Orange County Older Adults Advisory Commission: Commissioners Jacknik, Jacobs, Owens, Singh
- Commission Nutrition Subcommittee: Commissioners Chen, Jacobs, Singh

3.3 IRVINE ADVISORY COMMISSION FOR OLDER ADULTS ELECTION OF OFFICERS

Superintendent McGraw reviewed the roles of Chair and Vice Chair as stated in the Bylaws and opened the floor for nominations for the role of Chair.

Chair Jacobs nominated Commissioner Jacknik; nomination accepted.

Commissioner Owens nominated herself.

Commissioner Sandlin nominated Commissioner Saadi; nomination accepted.

ACTION:

By unanimous consensus, the nomination period was closed.

ACTION:

A roll call vote was conducted by Nominee Name selection.

Commissioner Jacknik:	3	Chen; Jacknik; Jacobs
Commissioner Owens:	2	Owens; Singh
Commissioner Saadi:	2	Saadi; Sandlin

Commissioner Owens withdrew herself from nominations. A subsequent roll call vote was taken.

ACTION: Moved by Chair Jacobs, seconded by Commissioner Chen to elect Commissioner Jacknik as Chair.

The motion carried as follows:

Commissioner Jacknik:	5	Chen; Jacknik; Jacobs; Owens; Singh
Commissioner Saadi:	2	Saadi; Sandlin

Chair Jacknik opened nominations for role of Vice Chair.

Commissioner Owens nominated Commissioner Saadi; nomination accepted.

Commissioner Jacobs nominated Commissioner Owens; nomination accepted.

ACTION:

By unanimous consensus, the nomination period was closed.

ACTION: Moved by Commissioner Jacobs, seconded by Commissioner Owens to elect Commissioner Owens as Vice Chair:

The motion carried as follows:

Commissioner Owens: 5 Chen; Jacknik; Jacobs; Owens; Singh
Commissioner Saadi: 2 Saadi; Sandlin

END OF COUNCIL BUSINESS

ADJOURNMENT

Moved by Chair Jacknik, seconded by Commissioner Sandlin, and unanimously carried by those members present, to adjourn the regular meeting of the Commission at 10:10 a.m.

Michelle Jacknik
CHAIR

Athena Martinez
Athena Martinez, Recording Secretary

2-20-2025
Date Approved