



AGENDA

IRVINE ADVISORY COMMISSION FOR OLDER ADULTS REGULAR MEETING

Michele Jacknik
Chair

Rachel Owens
Vice Chair

Mike C. Chen
Commissioner

Greta Jacobs
Commissioner

Zainab Saadi, MD
Commissioner

Bill Sandlin
Commissioner

Preeti Singh
Commissioner

Ray S. Wong, PharmD, MBA
Commissioner

VACANT
Commissioner

March 20, 2025

9:00 AM

City Council Chamber

1 Civic Center Plaza

Irvine, CA 92606

PARTICIPATION VIA ZOOM

MEETING ID: 836 7511 6262

PASSCODE: 100495

WEBSITE: zoom.us/join

TELEPHONE: 669-900-6833

or 346-248-7799

To participate virtually, visit zoom.us/join using any web browser, or the Zoom app on smartphones or tablets, and enter the Meeting ID and Passcode noted above. To participate by telephone, dial one of the numbers listed above and enter the same Meeting ID and Passcode. For technical assistance before or during the meeting, call 949-724-6078.

CALL TO ORDER

ROLL CALL

PLEDGE OF ALLEGIANCE – Commissioner Chen

INTRODUCTIONS

PRESENTATIONS

- 1. CITY OF IRVINE LIBRARY SERVICES**
- 2. CITY OF IRVINE EMERGENCY PREPAREDNESS**

PUBLIC COMMENTS – NON-AGENDIZED ITEMS

Any member of the public may address the Commission on items within the Commission’s subject matter jurisdiction but which are not listed on this agenda; however, no action may be taken on matters that are not part of the posted agenda. If 20 or fewer requests to provide public comments are submitted, each speaker shall be limited to three minutes. If between 21 and 30 speakers submit public comments, each speaker shall be limited to two minutes. If more than 30 speakers submit public comments, each speaker shall be limited to 90 seconds per item. The time limit per speaker shall be established based on the number of requests to speak submitted to the Recording Secretary before the first speaker is called. Requests to speak submitted after the first speaker is called shall receive 90 seconds. These time limits may be shortened or extended, or a cumulative limit on the time for all public speakers may be imposed, at the discretion of the Chair or by a majority vote of the Commission.

ANNOUNCEMENTS/REPORTS

Announcements, Committee Reports, and Commissioner Comments are for the purpose of presenting brief comments or reports, are subject to California Government Code Section 54954.2 of the Brown Act, and are limited to three minutes per speaker. In addition, the Chair shall receive any necessary additional time to deliver announcements of community events and opportunities.

- 3. STAFF ANNOUNCEMENTS**
- 4. COMMISSION ANNOUNCEMENTS/UPDATES**
- 5. ORANGE COUNTY OLDER ADULTS ADVISORY COMMISSION**
- 6. COMMISSION NUTRITION SUBCOMMITTEE**

ADDITIONS AND DELETIONS

Additions to the agenda are limited by California Government Code Section 54954.2 of the Brown Act and for those items that arise after the posting of the Agenda and must be acted upon prior to the next meeting.

COMMISSION BUSINESS

Public comments on Commission items will be heard at the time the matters are considered. If 10 or fewer requests to speak are submitted, each speaker shall be limited to three minutes per item. If between 11 and 15 speakers submit requests to speak, each speaker shall be limited to two minutes per item. If 16 or more requests to speak are submitted, each speaker shall be limited to 90 seconds per item. The time limit per speaker shall be established based on the number of requests to speak submitted to the Recording Secretary before the first speaker is called. Requests to speak submitted after the first speaker is called shall receive 90 seconds. These time limits may be shortened or extended, or a cumulative limit on the time for all public speakers may be imposed, at the discretion of the Chair or by a majority vote of the Commission.

7. MINUTES

RECOMMENDED ACTION:

Approve the minutes of the Irvine Advisory Commission for Older Adults regular meeting held February 20, 2025.

ADJOURNMENT

NOTICE TO THE PUBLIC

PARTICIPATION AT IRVINE ADVISORY COMMISSION FOR OLDER ADULTS MEETINGS

Meetings are broadcast live on ICTV, Cox Communications Local Access Channel 30, and AT&T U-Verse Channel 99. You may submit comments on any agenda item or on any item not on the agenda, in writing via mail to: "Attn: Irvine Advisory Commission for Older Adults," 1 Civic Center Plaza, Irvine, CA 92606; by email to olderadultscommission@cityofirvine.org; or through e-Comment at cityofirvine.org/senior-services/irvine-advisory-commission-older-adults. E-Comments submitted at least two hours prior to the commencement of the meeting will be distributed to the Commission at the meeting. You may also provide live comments via "Zoom." For more information, visit cityofirvine.org/senior-services/irvine-advisory-commission-older-adults.

REQUEST TO SPEAK IN PERSON: If you would like to address the Commission on a scheduled agenda item or non-agenda item, please register by completing the electronic form available on the kiosk at the entrance to the City Council Chamber. We respectfully ask that you identify on the form your name and the item(s) on which you would like to speak. The Request to Speak Form on the kiosk assists the Chair in ensuring that all persons wishing to address the Commission are recognized. It also ensures the accurate identification of meeting participants in the Commission minutes. Your name will be called at the time public comments are heard by the Commission. City policy is to limit public testimony to up to three minutes per speaker depending on relevant circumstances, which includes the presentation of electronic or audio/visual information. Speakers may not yield their time to other persons.

Please take notice that the order of scheduled agenda items and/or the time they are actually heard, considered, and decided may be modified by the Chair or the Commission during the course of the meeting, so please stay alert.

PLEASE NOTE: The Commission is making every effort to follow the spirit and intent of the Brown Act and other applicable laws regulating the conduct of public meetings, in order to maximize transparency and public access. For questions or assistance, please contact the Community Services Department at 949-724-6732, or via email at olderadultscommission@cityofirvine.org. It would be appreciated if written communications of public comments related to items on the agenda, or items not on the agenda, are provided prior to the commencement of the meeting.

LIVE BROADCASTING

Regular Commission meetings are broadcast live every 3rd Thursday of the month at 9 a.m. All broadcasts can be viewed on Cox Communications Local Access Channel 30 and U-Verse Channel 99. Commission meetings are also available at any time for replaying through the City's website at cityofirvine.org/senior-services/irvine-advisory-commission-older-adults. For more information, please contact the Commission liaison at 949-724-6732.

ADJOURNMENT

At 11 a.m., the Commission will determine which of the remaining agenda items can be considered and acted upon prior to 12 noon and will continue all other items for which additional time is required until a future Commission meeting. All meetings are scheduled to terminate at 12 noon.

STAFF REPORTS

As a general rule, staff reports or other written documentation have been prepared or organized with respect to each item of business listed on the agenda. Copies of these materials are on file with the Community Services Department and are available for public inspection and copying once the agenda is publicly posted, (at least 7 days prior to a regular Commission meeting). Staff reports can also be downloaded from the City's website at cityofirvine.org/senior-services/irvine-advisory-commission-older-adults at least 7 days prior to the scheduled Commission meeting.

If you have any questions regarding any item of business on the agenda for this meeting, or any of the staff reports or other documentation relating to any agenda item, please contact the Commission liaison at 949-724-6732.

SUPPLEMENTAL MATERIAL RECEIVED AFTER THE POSTING OF THE AGENDA

Any supplemental writings or documents distributed to a majority of the Commission regarding any item on this agenda after the posting of the agenda will be available for public review in the Community Services Department, 1 Civic Center Plaza, Irvine, California, during normal business hours. In addition, such writings or documents will be made available for public review at the respective public meeting.

If you have any questions regarding any item of business on the agenda for this meeting, or any of the staff reports or other documentation relating to any agenda item, please contact the Commission liaison at 949-724-6732.

SUBMITTAL OF INFORMATION BY MEMBERS OF THE PUBLIC FOR DISSEMINATION OR PRESENTATION AT PUBLIC MEETINGS

1. **Written Materials/Handouts:** Any member of the public who desires to submit documentation in hard copy form may do so prior to the meeting or at the time he/she addresses the Commission. Please provide 15 copies of the information to be submitted and file with the Recording Secretary at the time of arrival to the meeting. This information will be disseminated to the Commission at the time testimony is given.
2. **Large Displays/Maps/Renderings:** Any member of the public who desires to display freestanding large displays or renderings in conjunction with their public testimony is asked to notify the Community Services Department at 949-724-6732 no later than 12 noon on the day prior to the scheduled meeting.
3. **Electronic Documents/Audio-Visuals:** Any member of the public who desires to display information electronically in conjunction with their public testimony is asked to submit the information to the Community Services Department at 949-724-6732 no later than 12 noon on the day prior to the scheduled meeting.

CITY SERVICES TO FACILITATE ACCESS TO PUBLIC MEETINGS

It is the intention of the City of Irvine to comply with the Americans with Disabilities Act (ADA) in all respects. If, as an attendee or a participant at this meeting, you will need special assistance beyond what is normally provided, the City of Irvine will attempt to accommodate you in every reasonable manner. Please contact the Commission liaison at 949-724-6732.

Assisted listening devices are available at the meeting for individuals with hearing impairments. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting. (28 CFR 35. 102-35. 104 ADA Title II).

MEETING SCHEDULE

Regular meetings of the Irvine Advisory Commission for Older Adults are held on the third Thursdays of each month at 9 a.m. Agendas are available at the following locations:

- City Clerk's Office
- Irvine Police Department
- Main Entrance of City Hall
- Lakeview Senior Center, 20 Lake Road
- Northwood Community Center, 4521 Bryan Ave
- Rancho Senior Center, 3 Ethel Coplen Way
- William Woollett Jr. Aquatics Center, 4601 Walnut Ave
- City's web page at cityofirvine.org

I hereby certify that the agenda for the Irvine Advisory Commission for Older Adults meeting was posted in accordance with law at the main entrance of City Hall, 1 Civic Center Plaza, Irvine, California, on March 13, 2025 by 5:30 p.m. as well as on the City's website.

 Recording Secretary

BUSINESS

ITEM 7 MINUTES



MINUTES

IRVINE ADVISORY COMMISSION FOR OLDER ADULTS REGULAR MEETING

February 20, 2025
City Council Chamber
1 Civic Center Plaza
Irvine, CA 92606

CALL TO ORDER

The regular meeting of the Irvine Advisory Commission for Older Adults (Commission) was called to order at 9 a.m. on February 20, 2025, in the City Council Chamber, Irvine Civic Center, 1 Civic Center Plaza, Irvine, California; Chair Jacknik presiding.

ROLL CALL

Present:	8	Commissioner	Mike C. Chen
		Commissioner	Greta Jacobs
		Commissioner	Zainab Saadi, MD*
		Commissioner	Bill Sandlin
		Commissioner	Preeti Singh
		Commissioner	Ray S. Wong, PharmD, MBA
		Vice Chair	Rachel Owens
		Chair	Michele Jacknik

**arrived at 9:07 a.m.*

PLEDGE OF ALLEGIANCE

Vice Chair Owens led the Pledge of Allegiance.

PARTICIPATION IN COMMISSION MEETING

Athena Martinez, Recording Secretary, provided instructions on how to participate in the Commission meeting for those attending via Zoom or in person.

INTRODUCTIONS

Ryan McGraw, Community Services Superintendent, introduced Commissioner Ray S. Wong, City Councilmember Go's appointee.

1. PRESENTATIONS

1.1 Distinguished Service Award

This award was presented to Kathleen Owsinski for her dedicated service to the Elderly Nutrition Program since 2021, providing over 575 volunteer hours.

1.2 Age Well Senior Services

Steve Moyer, Age Well Senior Services Chief Executive Officer, provided a presentation on services, including Irvine's Elderly Nutrition Program.

Discussion included: difference between Age Well and Be Well programs; route planning and volunteer gas consumption; eligibility requirements for non-emergency medical transportation.

PUBLIC COMMENTS – NON-AGENDIZED ITEMS

There were no public comments.

2. ANNOUNCEMENTS/REPORTS

2.1 STAFF ANNOUNCEMENTS

Amber Castrey, Community Services Supervisor, announced the following staff promotions:

- Tom Vondran, Community Services Leader III-EPT at Lakeview Senior Center
- Haley Aloia, Community Services Program Coordinator at Lakeview Senior Center
- Ginelle Ng, Community Services Program Coordinator at Lakeview Senior Center

Hee Jin Lee, Community Services Supervisor, made the following announcements:

- The second of three Jazz at the Palm Court events will be March 16 from 1 to 3 p.m. in the Great Park Palm Court.
- Engage in conversation with a health and fitness professional as you enjoy a Walk N' Talk along the Jefferey Open Space Trail. This free activity is on Friday, March 21 and participants will gather at Trabuco Center at 9 a.m.
- Jumpstart fitness goals and sign up for this six-week Spring into Health Fitness Challenge, occurring April 1 through May 13. Register at yourirvine.org.
- In collaboration with Community Action Partnership Orange County, the City is now offering the Emergency Food Assistance Program once a month. Eligible residents of any age will receive a grocery food box weighing approximately 30 pounds, containing canned fruits, vegetables, meats, rice, cereal, juice, and more. For additional information, please contact the Office of Health and Wellness at 949-724-6650 or by emailing foodbox@cityofirvine.org.

2.2 COMMISSION ANNOUNCEMENTS/UPDATES

Vice Chair Owens made the following announcements:

- The Office on Aging has produced a new resource brochure; recommends distribution to homebound seniors with Meals on Wheels deliveries.
- The County Board of Supervisors is seeking nominations for outstanding volunteers; visit the county's website for more information.

Commissioner Saadi announced she is providing an informational lecture on March 11 from 10-11:30 a.m. at Lakeview Senior Center on where to obtain medical care, concluding with a tour of the center.

Commissioner Chen also announced the Orange County Lantern Festival to be held on February 22 at Segerstrom Concert Hall.

2.3 ORANGE COUNTY OLDER ADULTS ADVISORY COMMISSION (OCAAC)

Chair Jacknik provided the following report from the February 14 OCAAC meeting:

- A presentation on food resources for older adults in the county was provided by Anna Luciano Acenas, Health Care Agency Supervising Public Health Nutritionist.
- OCAAC has appointed two new members, one being IACOA Commissioner Preeti Singh. Rachel Owens, IACOA Vice Chair, was elected OCAAC Vice Chair.
- OCAAC has formed a committee to review its website and make recommendations to make it more user friendly.
- The state's Office of Emergency Services has created an emergency preparedness guide geared toward older adults to increase disaster readiness and can be downloaded from aging.ca.gov/Emergency_Preparedness_Guide.

2.4 COMMISSION NUTRITION SUBCOMMITTEE

Commissioner Chen provided the following report from the February 10 subcommittee meeting:

- December 2024 Nutrition Program and volunteer program statistics provided
- Trabuco Center and Meals on Wheels updates provided
- Information on Age Well Senior Services shared

ADDITIONS AND DELETIONS

There were no additions or deletions to the agenda.

3. COMMISSION BUSINESS

3.1 MINUTES

ACTION:

Moved by Vice Chair Owens, seconded by Commissioner Sandlin, and unanimously carried by those members present, to approve the minutes of the Irvine Advisory Commission for Older Adults regular meeting held January 16, 2025.

END OF COUNCIL BUSINESS

ADJOURNMENT

Moved by Commissioner Sandlin, seconded by Vice Chair Owens, and unanimously carried by those members present, to adjourn the regular meeting of the Commission at 10:04 a.m.

CHAIR

Athena Martinez, Recording Secretary

Date Approved