



MINUTES

IRVINE ADVISORY COMMISSION FOR OLDER ADULTS REGULAR MEETING

February 20, 2025
City Council Chamber
1 Civic Center Plaza
Irvine, CA 92606

CALL TO ORDER

The regular meeting of the Irvine Advisory Commission for Older Adults (Commission) was called to order at 9 a.m. on February 20, 2025, in the City Council Chamber, Irvine Civic Center, 1 Civic Center Plaza, Irvine, California; Chair Jacknik presiding.

ROLL CALL

Present:	8	Commissioner	Mike C. Chen
		Commissioner	Greta Jacobs
		Commissioner	Zainab Saadi, MD*
		Commissioner	Bill Sandlin
		Commissioner	Preeti Singh
		Commissioner	Ray S. Wong, PharmD, MBA
		Vice Chair	Rachel Owens
		Chair	Michele Jacknik

**arrived at 9:07 a.m.*

PLEDGE OF ALLEGIANCE

Vice Chair Owens led the Pledge of Allegiance.

PARTICIPATION IN COMMISSION MEETING

Athena Martinez, Recording Secretary, provided instructions on how to participate in the Commission meeting for those attending via Zoom or in person.

INTRODUCTIONS

Ryan McGraw, Community Services Superintendent, introduced Commissioner Ray S. Wong, City Councilmember Go's appointee.

1. PRESENTATIONS

1.1 *Distinguished Service Award*

This award was presented to Kathleen Owsinski for her dedicated service to the Elderly Nutrition Program since 2021, providing over 575 volunteer hours.

1.2 *Age Well Senior Services*

Steve Moyer, Age Well Senior Services Chief Executive Officer, provided a presentation on services, including Irvine's Elderly Nutrition Program.

Discussion included: difference between Age Well and Be Well programs; route planning and volunteer gas consumption; eligibility requirements for non-emergency medical transportation.

PUBLIC COMMENTS – NON-AGENDIZED ITEMS

There were no public comments.

2. ANNOUNCEMENTS/REPORTS

2.1 *STAFF ANNOUNCEMENTS*

Amber Castrey, Community Services Supervisor, announced the following staff promotions:

- Tom Vondran, Community Services Leader III-EPT at Lakeview Senior Center
- Haley Aloia, Community Services Program Coordinator at Lakeview Senior Center
- Ginelle Ng, Community Services Program Coordinator at Lakeview Senior Center

Hee Jin Lee, Community Services Supervisor, made the following announcements:

- The second of three Jazz at the Palm Court events will be March 16 from 1 to 3 p.m. in the Great Park Palm Court.
- Engage in conversation with a health and fitness professional as you enjoy a Walk N' Talk along the Jefferey Open Space Trail. This free activity is on Friday, March 21 and participants will gather at Trabuco Center at 9 a.m.
- Jumpstart fitness goals and sign up for this six-week Spring into Health Fitness Challenge, occurring April 1 through May 13. Register at yourirvine.org.
- In collaboration with Community Action Partnership Orange County, the City is now offering the Emergency Food Assistance Program once a month. Eligible residents of any age will receive a grocery food box weighing approximately 30 pounds, containing canned fruits, vegetables, meats, rice, cereal, juice, and more. For additional information, please contact the Office of Health and Wellness at 949-724-6650 or by emailing foodbox@cityofirvine.org.

2.2 COMMISSION ANNOUNCEMENTS/UPDATES

Vice Chair Owens made the following announcements:

- The Office on Aging has produced a new resource brochure; recommends distribution to homebound seniors with Meals on Wheels deliveries.
- The County Board of Supervisors is seeking nominations for outstanding volunteers; visit the county's website for more information.

Commissioner Saadi announced she is providing an informational lecture on March 11 from 10-11:30 a.m. at Lakeview Senior Center on where to obtain medical care, concluding with a tour of the center.

Commissioner Chen also announced the Orange County Lantern Festival to be held on February 22 at Segerstrom Concert Hall.

2.3 ORANGE COUNTY OLDER ADULTS ADVISORY COMMISSION (OCAAC)

Chair Jacknik provided the following report from the February 14 OCAAC meeting:

- A presentation on food resources for older adults in the county was provided by Anna Luciano Acenas, Health Care Agency Supervising Public Health Nutritionist.
- OCAAC has appointed two new members, one being IACOA Commissioner Preeti Singh. Rachel Owens, IACOA Vice Chair, was elected OCAAC Vice Chair.
- OCAAC has formed a committee to review its website and make recommendations to make it more user friendly.
- The state's Office of Emergency Services has created an emergency preparedness guide geared toward older adults to increase disaster readiness and can be downloaded from aging.ca.gov/Emergency_Preparedness_Guide.

2.4 COMMISSION NUTRITION SUBCOMMITTEE

Commissioner Chen provided the following report from the February 10 subcommittee meeting:

- December 2024 Nutrition Program and volunteer program statistics provided
- Trabuco Center and Meals on Wheels updates provided
- Information on Age Well Senior Services shared

ADDITIONS AND DELETIONS

There were no additions or deletions to the agenda.

3. COMMISSION BUSINESS

3.1 MINUTES

ACTION:

Moved by Vice Chair Owens, seconded by Commissioner Sandlin, and unanimously carried by those members present, to approve the minutes of the Irvine Advisory Commission for Older Adults regular meeting held January 16, 2025.


END OF COUNCIL BUSINESS

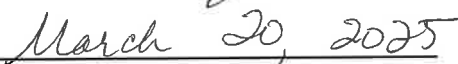
ADJOURNMENT

Moved by Commissioner Sandlin, seconded by Vice Chair Owens, and unanimously carried by those members present, to adjourn the regular meeting of the Commission at 10:04 a.m.



Athena Martinez, Recording Secretary



CHAIR


Date Approved