

# Michele Jacknik Chair

Rachel Owens Vice Chair

Mike C. Chen Commissioner

Greta Jacobs Commissioner

Zainab Saadi, MD Commissioner

Bill Sandlin Commissioner

Preeti Singh Commissioner

Ray S. Wong, PharmD, MBA Commissioner

VACANT Commissioner

# **AGENDA**

# IRVINE ADVISORY COMMISSION FOR OLDER ADULTS REGULAR MEETING

April 17, 2025 9:00 AM City Council Chamber 1 Civic Center Plaza Irvine, CA 92606

PARTICIPATION VIA ZOOM MEETING ID: 836 7511 6262 PASSCODE: 100495

WEBSITE: <u>zoom.us/join</u> TELEPHONE: 669-900-6833 or 346-248-7799

To participate virtually, visit <u>zoom.us/join</u> using any web browser, or the Zoom app on smartphones or tablets, and enter the Meeting ID and Passcode noted above. To participate by telephone, dial one of the numbers listed above and enter the same Meeting ID and Passcode. For technical assistance before or during the meeting, call 949-724-6078.

### CALL TO ORDER

**ROLL CALL** 

PLEDGE OF ALLEGIANCE

## **PRESENTATIONS**

- 1. DISTINGUISHED SERVICE AWARD: MYONG NEWSOME
- 2. FAMILIES FORWARD
- 3. STRATEGIC PLAN FOR OLDER ADULT SERVICES QUARTERLY UPDATE

# PUBLIC COMMENTS - NON-AGENDIZED ITEMS

Any member of the public may address the Commission on items within the Commission's subject matter jurisdiction but which are not listed on this agenda; however, no action may be taken on matters that are not part of the posted agenda. If 20 or fewer requests to provide public comments are submitted, each speaker shall be limited to three minutes. If between 21 and 30 speakers submit public comments, each speaker shall be limited to two minutes. If more than 30 speakers submit public comments, each speaker shall be limited to 90 seconds per item. The time limit per speaker shall be established based on the number of requests to speak submitted to the Recording Secretary before the first speaker is called. Requests to speak submitted after the first speaker is called shall receive 90 seconds. These time limits may be shortened or extended, or a cumulative limit on the time for all public speakers may be imposed, at the discretion of the Chair or by a majority vote of the Commission.

### **INTRODUCTIONS**

# ANNOUNCEMENTS/REPORTS

Announcements, Committee Reports, and Commissioner Comments are for the purpose of presenting brief comments or reports, are subject to California Government Code Section 54954.2 of the Brown Act, and are limited to three minutes per speaker. In addition, the Chair shall receive any necessary additional time to deliver announcements of community events and opportunities.

## ADDITIONS AND DELETIONS

Additions to the agenda are limited by California Government Code Section 54954.2 of the Brown Act and for those items that arise after the posting of the Agenda and must be acted upon prior to the next meeting.

### **COMMISSION BUSINESS**

Public comments on Commission items will be heard at the time the matters are considered. If 10 or fewer requests to speak are submitted, each speaker shall be limited to three minutes per item. If between 11 and 15 speakers submit requests to speak, each speaker shall be limited to two minutes per item. If 16 or more requests to speak are submitted, each speaker shall be limited to 90 seconds per item. The time limit per speaker shall be established based on the number of requests to speak submitted to the Recording Secretary before the first speaker is called. Requests to speak submitted after the first speaker is called shall receive 90 seconds. These time limits may be shortened or extended, or a cumulative limit on the time for all public speakers may be imposed, at the discretion of the Chair or by a majority vote of the Commission.

### 4. MINUTES

### RECOMMENDED ACTION:

Approve the minutes of the Irvine Advisory Commission for Older Adults regular meeting held March 20, 2025.

## **ADJOURNMENT**

## **NOTICE TO THE PUBLIC**

# PARTICIPATION AT IRVINE ADVISORY COMMISSION FOR OLDER ADULTS MEETINGS

Meetings are broadcast live on ICTV, Cox Communications Local Access Channel 30, and AT&T U-Verse Channel 99. You may submit comments on any agenda item or on any item not on the agenda, in writing via mail to: "Attn: Irvine Advisory Commission for Older Adults," 1 Civic Center Plaza, Irvine, CA 92606; by email to <a href="mailto:olderadultscommission@cityofirvine.org">olderadultscommission@cityofirvine.org</a>; or through e-Comment at <a href="mailto:cityofirvine.org/senior-services/irvine-advisory-commission-older-adults">cityofirvine.org/senior-services/irvine-advisory-commission-older-adults</a>. E-Comments submitted at least two hours prior to the commencement of the

meeting will be distributed to the Commission at the meeting. You may also provide live comments via "Zoom." For more information, visit <u>cityofirvine.org/senior-services/irvine-advisory-commission-older-adults</u>.

**REQUEST TO SPEAK IN PERSON:** If you would like to address the Commission on a scheduled agenda item or non-agenda item, please register by completing the electronic form available on the kiosk at the entrance to the City Council Chamber. We respectfully ask that you identify on the form your name and the item(s) on which you would like to speak. The Request to Speak Form on the kiosk assists the Chair in ensuring that all persons wishing to address the Commission are recognized. It also ensures the accurate identification of meeting participants in the Commission minutes. Your name will be called at the time public comments are heard by the Commission. City policy is to limit public testimony to up to three minutes per speaker depending on relevant circumstances, which includes the presentation of electronic or audio/visual information. Speakers may not yield their time to other persons.

Please take notice that the order of scheduled agenda items and/or the time they are actually heard, considered, and decided may be modified by the Chair or the Commission during the course of the meeting, so please stay alert.

**PLEASE NOTE**: The Commission is making every effort to follow the spirit and intent of the Brown Act and other applicable laws regulating the conduct of public meetings, in order to maximize transparency and public access. For questions or assistance, please contact the Community Services Department at 949-724-6732, or via email at <u>olderadultscommission@cityofirvine.org</u>. It would be appreciated if written communications of public comments related to items on the agenda, or items not on the agenda, are provided prior to the commencement of the meeting.

# LIVE BROADCASTING

Regular Commission meetings are broadcast live every 3rd Thursday of the month at 9 a.m. All broadcasts can be viewed on Cox Communications Local Access Channel 30 and U-Verse Channel 99. Commission meetings are also available at any time for replaying through the City's website at cityofirvine.org/senior-services/irvine-advisory-commission-older-adults. For more information, please contact the Commission liaison at 949-724-6732.

# <u>ADJOURNMENT</u>

At 11 a.m., the Commission will determine which of the remaining agenda items can be considered and acted upon prior to 12 noon and will continue all other items for which additional time is required until a future Commission meeting. All meetings are scheduled to terminate at 12 noon.

### STAFF REPORTS

As a general rule, staff reports or other written documentation have been prepared or organized with respect to each item of business listed on the agenda. Copies of these materials are on file with the Community Services Department and are available for public inspection and copying once the agenda is publicly posted, (at least 7 days prior to a regular Commission meeting). Staff reports can also be downloaded from the City's website at <a href="cityofirvine.org/senior-services/irvine-advisory-commission-older-adults">cityofirvine.org/senior-services/irvine-advisory-commission-older-adults</a> at least 7 days prior to the scheduled Commission meeting.

If you have any questions regarding any item of business on the agenda for this meeting, or any of the staff reports or other documentation relating to any agenda item, please contact the Commission liaison at 949-724-6732.

# SUPPLEMENTAL MATERIAL RECEIVED AFTER THE POSTING OF THE AGENDA

Any supplemental writings or documents distributed to a majority of the Commission regarding any item on this agenda after the posting of the agenda will be available for public review in the Community Services Department, 1 Civic Center Plaza, Irvine, California, during normal business hours. In addition, such writings or documents will be made available for public review at the respective public meeting.

If you have any questions regarding any item of business on the agenda for this meeting, or any of the staff reports or other documentation relating to any agenda item, please contact the Commission liaison at 949-724-6732.

# SUBMITTAL OF INFORMATION BY MEMBERS OF THE PUBLIC FOR DISSEMINATION OR PRESENTATION AT PUBLIC MEETINGS

- 1. <u>Written Materials/Handouts:</u> Any member of the public who desires to submit documentation in hard copy form may do so prior to the meeting or at the time he/she addresses the Commission. Please provide 15 copies of the information to be submitted and file with the Recording Secretary at the time of arrival to the meeting. This information will be disseminated to the Commission at the time testimony is given.
- 2. <u>Large Displays/Maps/Renderings</u>: Any member of the public who desires to display freestanding large displays or renderings in conjunction with their public testimony is asked to notify the Community Services Department at 949-724-6732 no later than 12 noon on the day prior to the scheduled meeting.
- 3. <u>Electronic Documents/Audio-Visuals:</u> Any member of the public who desires to display information electronically in conjunction with their public testimony is asked to submit the information to the Community Services Department at 949-724-6732 no later than 12 noon on the day prior to the scheduled meeting.

# CITY SERVICES TO FACILITATE ACCESS TO PUBLIC MEETINGS

It is the intention of the City of Irvine to comply with the Americans with Disabilities Act (ADA) in all respects. If, as an attendee or a participant at this meeting, you will need special assistance beyond what is normally provided, the City of Irvine will attempt to accommodate you in every reasonable manner. Please contact the Commission liaison at 949-724-6732.

Assisted listening devices are available at the meeting for individuals with hearing impairments. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting. (28 CFR 35. 102-35. 104 ADA Title II).

# **MEETING SCHEDULE**

Regular meetings of the Irvine Advisory Commission for Older Adults are held on the third Thursdays of each month at 9 a.m. Agendas are available at the following locations:

- City Clerk's Office
- Irvine Police Department
- Main Entrance of City Hall
- Lakeview Senior Center, 20 Lake Road
- Northwood Community Center, 4521 Bryan Ave
- Rancho Senior Center, 3 Ethel Coplen Way
- William Woollett Jr. Aquatics Center, 4601 Walnut Ave

Recording Secretary

City's web page at cityofirvine.org

I hereby certify that the agenda for the Irvine Advisory Commission for Older Adults meeting was posted in accordance with law at the main entrance of City Hall, 1 Civic Center Plaza, Irvine, California, on April 10, 2025 by 5:30 p.m. as well as on the City's website.

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**BUSINESS** 

ITEM 4
MINUTES



# **MINUTES**

# IRVINE ADVISORY COMMISSION FOR OLDER ADULTS REGULAR MEETING

March 20, 2025
City Council Chamber
1 Civic Center Plaza
Irvine. CA 92606

## **CALL TO ORDER**

The regular meeting of the Irvine Advisory Commission for Older Adults (Commission) was called to order at 9:00 a.m. on March 20, 2025, in the City Council Chamber, Irvine Civic Center, 1 Civic Center Plaza, Irvine, California; Chair Jacknik presiding.

## **ROLL CALL**

Present: 8 Commissioner Mike C. Chen

Commissioner Greta Jacobs
Commissioner Zainab Saadi, MD

Commissioner Bill Sandlin
Commissioner Preeti Singh

Commissioner Ray S. Wong, PharmD, MBA

Vice Chair Rachel Owens
Chair Michele Jacknik

# PLEDGE OF ALLEGIANCE

Commissioner Chen led the Pledge of Allegiance.

# PARTICIPATION IN COMMISSION MEETING

Athena Martinez, Recording Secretary, provided instructions on how to participate in the Commission meeting for those attending via Zoom or in person.

# **INTRODUCTIONS**

There were no introductions.

## **PRESENTATIONS**

1. City of Irvine Library Services

Julie Zeoli, Deputy Director of Community Services and City Librarian, provided a presentation on the City's Library Services.

Discussion included: collection and programming impacts due to grant funds awarded to county; evolution of libraries in the technology age; multi-faceted and multi-use aspects of libraries; materials for older adult population; availability of materials in various languages; Friends of the Library groups remain intact; county versus city library cards; plan for Great Park library build and expansion of existing branches; mobile book options for senior centers and/or homebound older adults.

Dana Cornelius, resident, provided public comments in support of audio, braille, and large print books for the older adult population, as well as delivery service for homebound older adults or shuttle service to and from libraries.

# 2. City of Irvine Emergency Preparedness

Bobby Simmons, Irvine Police Department Emergency Management Manager, provided a presentation on the City's disaster preparedness measures.

Discussion included: assistance provided to homebound residents or individuals with mobility challenges; use of utility partner lists with medical needs; fire prevention measures; value of CERT program; need for educational outreach to older adults.

Dana Cornelius, resident, provided public comments in support of CERT refresher courses for members that took earlier classes, a CERT specific app versus the use of email for communications, and decals for CERT members that can be placed on residence or vehicle windows, voluntarily.

# **PUBLIC COMMENTS - NON-AGENDIZED ITEMS**

Donald Wilen, resident, stated he conducts comedy improv workshops (recently provided at Rancho Senior Center) and would like to continue offering workshops at senior centers.

# ANNOUNCEMENTS/REPORTS

# 3. STAFF ANNOUNCEMENTS

Hee Jin Lee, Community Services Supervisor, made the following announcements:

- The final Jazz at the Palm Court event will be held on April 19 from 1 to 3 p.m. in the Great Park Palm Court. Inspired by the current art exhibition, *More Than You Can Chew*.
- Jumpstart fitness goals by joining the Spring into Health Fitness Challenge. Sign
  up for this challenge, from April 1 through May 13, where the more you exercise,
  the more opportunities you have to win prizes. Register at yourlrvine.org, course
  120047.

- In collaboration with Community Action Partnership Orange County, the City is now offering the Emergency Food Assistance Program. Eligible residents of all ages will receive a grocery food box. Food boxes can be picked up in the parking lot of Heritage Park Community Center on the second Thursday of every month, from noon to 3 p.m. Registration available at the time of pick-up. Please bring photo ID. For additional information, please contact the Office of Health and Wellness at 949-724-6650 or email foodbox@cityofirvine.org.
- The Senior Services Volunteer Recognition will be on April 25 from noon to 2 p.m. at Lakeview Senior Center. Volunteers will be recognized for their dedicated service in 2024.

# 4. COMMISSIONER ANNOUNCEMENTS/UPDATES

Commissioner Saadi announced she will be collaborating with Olive Community Services to provide an informational session on May 22 at 11 a.m. at Lakeview Senior Center on the topic of stress and anxiety management and resources available.

Commissioner Sandlin inquired about viewing meeting videos due to limited hearing and sound quality in Chamber.

# 5. ORANGE COUNTY OLDER ADULTS ADVISORY COMMISSION

Chair Jacknik reported Office on Aging staff provided a presentation on the Older Adult Needs Assessment Report at the March 14 meeting and shared survey results and key findings.

Vice Chair Owens shared the Older Adults Needs Assessment report will directly impact funding allocations, which will be reviewed at the June meeting of the Board of Supervisors. A handout for a virtual event titled "Medicaid Cuts and Congress" was provided.

# 6. COMMISSION NUTRITION SUBCOMMITTEE - No report.

## ADDITIONS AND DELETIONS

There were no additions or deletions to the agenda.

### **COMMISSION BUSINESS**

### 7. MINUTES

### ACTION:

Moved by Vice Chair Owens, seconded by Commissioner Sandlin, and unanimously carried by those members present, to approve the minutes of the Irvine Advisory Commission for Older Adults regular meeting held February 20, 2025.

# **END OF COUNCIL BUSINESS**

# **ADJOURNMENT**

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