



MINUTES

IRVINE ADVISORY COMMISSION FOR OLDER ADULTS REGULAR MEETING

April 17, 2025
City Council Chamber
1 Civic Center Plaza
Irvine, CA 92606

CALL TO ORDER

The regular meeting of the Irvine Advisory Commission for Older Adults (Commission) was called to order at 9:00 a.m. on April 17, 2025, in the City Council Chamber, Irvine Civic Center, 1 Civic Center Plaza, Irvine, California; Chair Jacknik presiding.

ROLL CALL

Present:	7	Commissioner	Greta Jacobs
		Commissioner	Zainab Saadi, MD
		Commissioner	Bill Sandlin
		Commissioner	Preeti Singh
		Commissioner	Ray S. Wong, PharmD, MBA
		Vice Chair	Rachel Owens
		Chair	Michele Jacknik

Absent:	1	Commissioner	Mike C. Chen
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PLEDGE OF ALLEGIANCE

Commissioner Jacobs led the Pledge of Allegiance.

PARTICIPATION IN COMMISSION MEETING

Athena Martinez, Recording Secretary, provided instructions on how to participate in the Commission meeting for those attending via Zoom or in person.

PRESENTATIONS

1. DISTINGUISHED SERVICE AWARD: MYONG NEWSOME

This award was presented to Myong Newsome for dedicated volunteerism in support of the Nutrition Program.

2. FAMILIES FORWARD

Amanda Benedetti, Families Forward Volunteer & Community Engagement Manager, provided a presentation on Families Forward programs and services.

Discussion included: Partnerships and collaborations; funding sources; ways to volunteer; long-term needs and program capacities; monitoring and case management; job training; services for older adults.

3. STRATEGIC PLAN FOR OLDER ADULT SERVICES (PLAN) QUARTERLY UPDATE

Amber Castrey and Hee Jin Lee, Community Services Supervisors, provided Plan outcomes and accomplishments for Year 2, Quarter 3.

Discussion included: support group availability; CHAMPIONS care calls; resources available to family members of older adults; collaborating with older adult housing communities.

PUBLIC COMMENTS – NON-AGENDIZED ITEMS

There were no public comments.

INTRODUCTIONS

There were no introductions.

ANNOUNCEMENTS/REPORTS

Staff Announcements: Amber Castrey, Community Services Supervisor, made the following announcements:

- Irvine's 55th Annual Earth Day celebration will be April 19 from 11 a.m. to 2 p.m. at Quail Hill Community Center. This year's theme is "Our Power, Our Planet," with the goal to commit to harnessing renewable energy to build a healthy, sustainable, equitable, and prosperous future for us all.
- The Senior Services Volunteer Recognition will be held on April 25 from noon to 2 p.m. at Lakeview Senior Center. Volunteers will be recognized for dedicated service in 2024.
- The City will celebrate community, connection, and clean air through its second annual car-free open streets event, CicloIrvine, from 11 a.m. to 4 p.m. on May 3. The Older Adult Services section will have two tables at the event promoting programs and resources. TRIPS will provide free transportation from 10:45 a.m. through 4:15 p.m. For residents 50 and over, direct rides can be scheduled from your home to the event. For all attendees, a shuttle service will also be available from Lakeview Senior Center. Vehicles are fully accessible; bikes and scooters cannot be accommodated. A handout was provided.

- The Irvine Multicultural Association will be presenting “Exploring Our World: Mongolia” on May 7 from 5 to 7 p.m. at Lakeview Senior Center. This cultural presentation will include live entertainment and light refreshments. Registration is required at yourirvine.org with a fee of \$7.

Commissioner Announcements/Updates: There were no Commissioner announcements/updates.

The following groups/clubs providing support services to Irvine’s older adults made the following announcements:

A. Friends of Outreach (FOO) – Kathleen Pfeiffer, President

FOO is a 501(c)3 organization that raises funds to support services for Irvine, older adults by the following means: Bingo Tuesday afternoons at Lakeview Senior Center; craft cart on Thursday mornings with sale items made by International Crafters and sewing groups; and fundraising events at local restaurants. The April 8 Bingo evening had 71 participants and raised \$610 in donations.

B. Irvine Adult Day Health Services, Inc. – No report.

C. Irvine Evergreen Chinese Senior Association (IECSA) – Jerry Chang, President

The April monthly meeting included an update on 2025 Medicare and Medicaid. There will be a Happy Aging event on April 19 with entertainment, singing, and exercises.

D. NEDA-Association of Iranian American Seniors (NEDA) – Badri Tabibzadeh, Secretary

NEDA members enjoy weekly socials each Thursday from 2-5 p.m. at Lakeview Senior Center. A monthly event occurs on the third Thursday from 5-9 p.m. offering special programs.

E. South Asian Senior Association (SASA) – Preeti Singh, Commissioner

SASA is a service of EKTAA Center, providing weekly programs out of Lakeview Senior Center such as dance, yoga, and monthly socials. Chair Jacknik will be providing a Master Gardener workshop highlighting container plants that can be easily cared for by older adults.

Orange County Older Adults Advisory Commission (OAAC): Vice Chair Owens reported the following from the April 11 meeting:

- The full report on the county’s Older Adults Needs Assessment can be found at www.officeonaging.ocgov.com/master-plan-aging, and comments are now being accepted.

- Paul Morillo, GetSetUp Vice President of Government Partnerships, provided a presentation on the program's virtual learning platform, class offerings, and on-demand topics.
- There will be an Area Plan Public Hearing on April 24 at 10:30 a.m. at the EasterSeals office in Irvine.
- Alzheimer's Advocacy Day is on June 6 from noon to 4 p.m.

Commission Nutrition Subcommittee: Commissioner Singh reported the following from the April 14 meeting:

- Nutrition Program statistics for March 2025
- Upcoming themed luncheons:
 - Mother's Day May 9
 - Memorial Day May 23
 - Father's Day June 13
- A new menu cycle will begin in the next few months.
- Senior Services Volunteer Recognition event is on April 25.

ADDITIONS AND DELETIONS

There were no additions or deletions to the agenda.

COMMISSION BUSINESS

4. MINUTES

ACTION:

Moved by Commissioner Jacobs, seconded by Vice Chair Owens, and unanimously carried by those members present (Commissioner Chen absent), to approve the minutes of the Irvine Advisory Commission for Older Adults regular meeting held March 20, 2025.

END OF COUNCIL BUSINESS

ADJOURNMENT

Moved by Vice Chair Owens, seconded by Commissioner Sandlin, and unanimously carried by those members present (Commissioner Chen absent), to adjourn the regular meeting of the Commission at 10:15 a.m.


Athena Martinez, Recording Secretary


CHAIR

Date Approved