



Michele Jacknik
Chair

Rachel Owens
Vice Chair

Mike C. Chen
Commissioner

Greta Jacobs
Commissioner

Zainab Saadi, MD
Commissioner

Bill Sandlin
Commissioner

Preeti Singh
Commissioner

Ray S. Wong, PharmD, MBA
Commissioner

AGENDA

IRVINE ADVISORY COMMISSION FOR OLDER ADULTS REGULAR MEETING

August 21, 2025

9:00 AM

City Council Chamber

1 Civic Center Plaza

Irvine, CA 92606

PARTICIPATION VIA ZOOM

MEETING ID: 160 418 2008

PASSCODE: 100495

WEBSITE: zoom.us/join

TELEPHONE: 669-254-5252

or 669-216-1590

To participate virtually, visit zoom.us/join using any web browser, or the Zoom app on smartphones or tablets, and enter the Meeting ID and Passcode noted above. To participate by telephone, dial one of the numbers listed above and enter the same Meeting ID and Passcode. For technical assistance before or during the meeting, call 949-724-6078.

CALL TO ORDER

ROLL CALL

PLEDGE OF ALLEGIANCE

PRESENTATIONS

1. DISTINGUISHED SERVICE AWARDS

- Tooba Bagherzadeh
- Bill Lewis
- James Mies
- Robert Purdie

2. IRVINE ANIMAL CARE CENTER OVERVIEW

PUBLIC COMMENTS – NON-AGENDIZED ITEMS

Any member of the public may address the Commission on items within the Commission's subject matter jurisdiction but which are not listed on this agenda; however, no action may be taken on matters that are not part of the posted agenda. If 20 or fewer requests to provide public comments are submitted, each speaker shall be limited to three minutes. If between 21 and 30 speakers submit public comments, each speaker shall be limited to two minutes. If more than 30 speakers submit public comments, each speaker shall be limited to 90 seconds per item. The time limit per speaker shall be established based on the number of requests to speak submitted to the Recording Secretary before the first speaker is called. Requests to speak submitted after the first speaker is called shall receive 90 seconds. These time limits may be shortened or extended, or a cumulative limit on the time for all public speakers may be imposed, at the discretion of the Chair or by a majority vote of the Commission.

INTRODUCTIONS

ANNOUNCEMENTS/REPORTS

Announcements, Committee Reports, and Commissioner Comments are for the purpose of presenting brief comments or reports, are subject to California Government Code Section 54954.2 of the Brown Act, and are limited to three minutes per speaker. In addition, the Chair shall receive any necessary additional time to deliver announcements of community events and opportunities.

ADDITIONS AND DELETIONS

Additions to the agenda are limited by California Government Code Section 54954.2 of the Brown Act and for those items that arise after the posting of the Agenda and must be acted upon prior to the next meeting.

COMMISSION BUSINESS

Public comments on Commission items will be heard at the time the matters are considered. If 10 or fewer requests to speak are submitted, each speaker shall be limited to three minutes per item. If between 11 and 15 speakers submit requests to speak, each speaker shall be limited to two minutes per item. If 16 or more requests to speak are submitted, each speaker shall be limited to 90 seconds per item. The time limit per speaker shall be established based on the number of requests to speak submitted to the Recording Secretary before the first speaker is called. Requests to speak submitted after the first speaker is called shall receive 90 seconds. These time limits may be shortened or extended, or a cumulative limit on the time for all public speakers may be imposed, at the discretion of the Chair or by a majority vote of the Commission.

3. MINUTES

RECOMMENDED ACTION:

Approve the minutes of the Irvine Advisory Commission for Older Adults regular meeting held July 17, 2025.

ADJOURNMENT

NOTICE TO THE PUBLIC

PARTICIPATION AT IRVINE ADVISORY COMMISSION FOR OLDER ADULTS MEETINGS

Meetings are broadcast live on ICTV, Cox Communications Local Access Channel 30, and AT&T U-Verse Channel 99. You may submit comments on any agenda item or on any item not on the agenda, in writing via mail to: "Attn: Irvine Advisory Commission for Older Adults," 1 Civic Center Plaza, Irvine, CA 92606; by email to olderadultscommission@cityofirvine.org; or through e-Comment at cityofirvine.org/senior-services/irvine-advisory-commission-older-adults. E-Comments submitted at least two hours prior to the commencement of

the meeting will be distributed to the Commission at the meeting. You may also provide live comments via "Zoom." For more information, visit cityofirvine.org/senior-services/irvine-advisory-commission-older-adults.

REQUEST TO SPEAK IN PERSON: If you would like to address the Commission on a scheduled agenda item or non-agenda item, please register by completing the electronic form available on the kiosk at the entrance to the City Council Chamber. We respectfully ask that you identify on the form your name and the item(s) on which you would like to speak. The Request to Speak Form on the kiosk assists the Chair in ensuring that all persons wishing to address the Commission are recognized. It also ensures the accurate identification of meeting participants in the Commission minutes. Your name will be called at the time public comments are heard by the Commission. City policy is to limit public testimony to up to three minutes per speaker depending on relevant circumstances, which includes the presentation of electronic or audio/visual information. Speakers may not yield their time to other persons.

Please take notice that the order of scheduled agenda items and/or the time they are actually heard, considered, and decided may be modified by the Chair or the Commission during the course of the meeting, so please stay alert.

PLEASE NOTE: The Commission is making every effort to follow the spirit and intent of the Brown Act and other applicable laws regulating the conduct of public meetings, in order to maximize transparency and public access. For questions or assistance, please contact the Community Services Department at 949-724-6732, or via email at olderadultscommission@cityofirvine.org. It would be appreciated if written communications of public comments related to items on the agenda, or items not on the agenda, are provided prior to the commencement of the meeting.

LIVE BROADCASTING

Regular Commission meetings are broadcast live every 3rd Thursday of the month at 9 a.m. All broadcasts can be viewed on Cox Communications Local Access Channel 30 and U-Verse Channel 99. Commission meetings are also available at any time for replaying through the City's website at cityofirvine.org/senior-services/irvine-advisory-commission-older-adults. For more information, please contact the Commission liaison at 949-724-6732.

ADJOURNMENT

At 11 a.m., the Commission will determine which of the remaining agenda items can be considered and acted upon prior to 12 noon and will continue all other items for which additional time is required until a future Commission meeting. All meetings are scheduled to terminate at 12 noon.

STAFF REPORTS

As a general rule, staff reports or other written documentation have been prepared or organized with respect to each item of business listed on the agenda. Copies of these materials are on file with the Community Services Department and are available for public inspection and copying once the agenda is publicly posted, (at least 7 days prior to a regular Commission meeting). Staff reports can also be downloaded from the City's website at cityofirvine.org/senior-services/irvine-advisory-commission-older-adults at least 7 days prior to the scheduled Commission meeting.

If you have any questions regarding any item of business on the agenda for this meeting, or any of the staff reports or other documentation relating to any agenda item, please contact the Commission liaison at 949-724-6732.

SUPPLEMENTAL MATERIAL RECEIVED AFTER THE POSTING OF THE AGENDA

Any supplemental writings or documents distributed to a majority of the Commission regarding any item on this agenda after the posting of the agenda will be available for public review in the Community Services Department, 1 Civic Center Plaza, Irvine, California, during normal business hours. In addition, such writings or documents will be made available for public review at the respective public meeting.

If you have any questions regarding any item of business on the agenda for this meeting, or any of the staff reports or other documentation relating to any agenda item, please contact the Commission liaison at 949-724-6732.

**SUBMITTAL OF INFORMATION BY MEMBERS OF THE PUBLIC FOR
DISSEMINATION OR PRESENTATION AT PUBLIC MEETINGS**

1. **Written Materials/Handouts:** Any member of the public who desires to submit documentation in hard copy form may do so prior to the meeting or at the time he/she addresses the Commission. Please provide 15 copies of the information to be submitted and file with the Recording Secretary at the time of arrival to the meeting. This information will be disseminated to the Commission at the time testimony is given.
2. **Large Displays/Maps/Renderings:** Any member of the public who desires to display freestanding large displays or renderings in conjunction with their public testimony is asked to notify the Community Services Department at 949-724-6732 no later than 12 noon on the day prior to the scheduled meeting.
3. **Electronic Documents/Audio-Visuals:** Any member of the public who desires to display information electronically in conjunction with their public testimony is asked to submit the information to the Community Services Department at 949-724-6732 no later than 12 noon on the day prior to the scheduled meeting.

CITY SERVICES TO FACILITATE ACCESS TO PUBLIC MEETINGS

It is the intention of the City of Irvine to comply with the Americans with Disabilities Act (ADA) in all respects. If, as an attendee or a participant at this meeting, you will need special assistance beyond what is normally provided, the City of Irvine will attempt to accommodate you in every reasonable manner. Please contact the Commission liaison at 949-724-6732.

Assisted listening devices are available at the meeting for individuals with hearing impairments. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting. (28 CFR 35. 102-35. 104 ADA Title II).

MEETING SCHEDULE

Regular meetings of the Irvine Advisory Commission for Older Adults are held on the third Thursdays of each month at 9 a.m. Agendas are available at the following locations:

- City Clerk's Office
- Irvine Police Department
- Main Entrance of City Hall
- Lakeview Senior Center, 20 Lake Road
- Northwood Community Center, 4521 Bryan Ave
- Rancho Senior Center, 3 Ethel Coplen Way
- William Woollett Jr. Aquatics Center, 4601 Walnut Ave
- City's web page at cityofirvine.org

I hereby certify that the agenda for the Irvine Advisory Commission for Older Adults meeting was posted in accordance with law at the main entrance of City Hall, 1 Civic Center Plaza, Irvine, California, on August 14, 2025 by 5:30 p.m. as well as on the City's website.

Athena Martinez, Recording Secretary

BUSINESS

ITEM 3 MINUTES



MINUTES

IRVINE ADVISORY COMMISSION FOR OLDER ADULTS REGULAR MEETING

July 17, 2025

City Council Chamber
1 Civic Center Plaza
Irvine, CA 92606

CALL TO ORDER

The regular meeting of the Irvine Advisory Commission for Older Adults (Commission) was called to order at 9 a.m. on July 17, 2025, in Council Chamber, Irvine Civic Center, 1 Civic Center Plaza, Irvine, California; Chair Jacknik presiding.

ROLL CALL

Present:	7	Commissioner	Mike C. Chen
		Commissioner	Greta Jacobs
		Commissioner	Zainab Saadi, MD
		Commissioner	Bill Sandlin
		Commissioner	Ray S. Wong, PharmD, MBA
		Vice Chair	Rachel Owens
		Chair	Michele Jacknik

Absent:	1	Commissioner	Preeti Singh
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PARTICIPATION IN COMMISSION MEETING

Athena Martinez, Recording Secretary, provided instructions on how to participate in the Commission meeting for those attending via Zoom or in person.

1. SCOPING SESSION

STRATEGIC PLAN FOR OLDER ADULT SERVICES 2023 THROUGH 2028 YEAR 3 ACTION ITEMS

Amber Castrey and Hee Jin Lee, Community Services Supervisors, provided a presentation highlighting Year 2 outcomes of the Strategic Plan for Older Adult Services (Plan).

Ryan McGraw, Community Services Superintendent, led a discussion to receive input from the Commission on action steps for the five critical areas to guide Older Adult Services for Fiscal Year 2025-26.

Discussion included: postcard mailer content; department name change; rebranding efforts; frequency of Plan re-evaluation; Commissioner participation at City events; adding conversational English classes to programs; increased staff participation at non-City community events; marketing to long-term homeowners most likely older adults; TRIPS fees and expansion of services; seatbelt requirements and liability; safe driver programs; shuttle services offered by Irvine hospitals; affordable housing eligibility levels and waitlists; virtual recreation classes.

Commissioner input for Plan Year 3:

Healthy Living	
Strategy 1	<p>Prioritize older adult mental health and wellness.</p> <p>Input Received:</p> <ul style="list-style-type: none"> • Expand resources for Healthy Living Expo. • Provide on-site evaluations for support services. • Provide a presentation promoting resources and services.
Strategy 2	<p>Make nutrition services more widely accessible.</p> <p>Input Received:</p> <ul style="list-style-type: none"> • Support for expansion of Elderly Nutrition Program to other sites.
Strategy 3	<p>Promote ways to encourage an active lifestyle and promote active living opportunities.</p> <p>Input Received:</p> <ul style="list-style-type: none"> • Explore offering virtual fitness classes in person at Lakeview Senior Center. • Support for exploring adding a fitness center at Lakeview Senior Center, with equipment focused on older adults. • Explore adding additional stretching programs.
Strategy 4	<p>Expand availability of resources for adults 50 and older.</p> <p>Input Received:</p> <ul style="list-style-type: none"> • Support for existing action item expanding Resource Linkage service.
Strategy 5	<p>Evaluate programs and adjust to ensure inclusivity for older adults with different needs and abilities.</p> <p>Input Received:</p> <ul style="list-style-type: none"> • Establish a point of contact at each center to determine individual needs upon arrival.
Social Well-Being and Addressing Isolation	
Strategy 1	<p>Evaluate efforts to connect with older vulnerable adults, including those living alone and hard to reach.</p> <p>Input Received:</p> <ul style="list-style-type: none"> • Explore technology options to connect with homebound seniors. • Clarify identification for return calls to alleviate spam caller concerns. • Consider adding a script to City wide events to share services and resources. • Explore connecting to residents who are original homeowners and send mailings on resources and programs.

Strategy 2	<p>Implement Diversity, Equity, Inclusion and Belonging (DEIB) best practices that support the older adult community.</p> <p>Input Received:</p> <ul style="list-style-type: none"> • Explore adding English Mentoring during morning socials. • Reach out to cultural and faith groups to provide presentations on Older Adult services.
Strategy 3	Reduce ethnic/linguistic isolation among older adults.
Transportation	
Strategy 1	<p>Explore collaborative partnerships and innovative models to enhance access to transportation services.</p> <p>Input Received:</p> <ul style="list-style-type: none"> • Support for seeking funding for Taxi Program through local hospitals. • Support for expanding transportation options for older adults.
Strategy 2	<p>Increase education about transportation options, work collaboratively with partners for best use of resources.</p> <p>Input Received:</p> <ul style="list-style-type: none"> • Support for conducting transportation presentations to stakeholders.
Housing and Emergency Preparedness	
Strategy 1	<p>Increase access to information and resources for affordable housing.</p> <p>Input Received:</p> <ul style="list-style-type: none"> • Explore options for home-sharing programs. • Offer community presentation on rights for tenant and landlord. • Collaborate with Housing Division on presentation for a future Commission meeting.
Strategy 2	<p>Increase collaboration with partners on Emergency Preparedness and Safety.</p> <p>Input Received:</p> <ul style="list-style-type: none"> • Explore options for virtual participation.
Marketing and Communication	
Strategy 1	Increase targeted marketing efforts to boost awareness of programs and services.
Strategy 2	<p>Evaluate marketing to improve clarity and to reach a broader audience.</p> <p>Input Received:</p> <ul style="list-style-type: none"> • Support for renaming facilities and continuing to use tag line "For Older Adults."

ACTION:

Moved by Commissioner Jacobs, seconded by Wong, and unanimously carried by those members present (Commissioner Singh absent) to:

- 1) Receive and file review of outcomes for Fiscal Year 2024-25 of the Strategic Plan for Older Adult Services 2023 through 2028.
- 2) Approve the input provided for the five critical areas for Fiscal Year 2025 through 2026:

The motion failed as follows:

AYES: 3 COMMISSIONERS: Chen, Jacobs, Wong

NOES: 4 COMMISSIONERS: Jacknik, Owens, Saadi, Sandlin

ABSENT: 1 COMMISSIONERS: Singh

ABSTAIN: 0 COMMISSIONERS:

PLEDGE OF ALLEGIANCE

Commissioner Wong led the Pledge of Allegiance.

PRESENTATIONS

There were no presentations.

PUBLIC COMMENTS – NON-AGENDIZED ITEMS

There were no public comments.

INTRODUCTIONS

There were no introductions.

ANNOUNCEMENTS/REPORTS

Staff Announcements:

Supervisor Lee made the following announcements:

- The Summer Concert Series returns to Mike Ward Community Park-Woodbridge with live performances offering a range of musical styles. Concerts start at 5:30 p.m. and the lineup is as follows:
 - Saturday, July 19 — *Family Style* (Blues and Soul)
 - Saturday, July 26 — *1969 The Tribute* ('60s Rock and Roll)
 - Saturday, August 2 — *Your Mom* ('90s and more)
 - Saturday, August 9 — *DW3* (R&B, Soul, Old School Funk)
- Movies on the Lawn have moved from the Great Park to Hicks Canyon Community Park. Watch family-favorite films under the stars on a giant outdoor screen. Guests are encouraged to bring low-back chairs, blankets, and picnic meals, or enjoy gourmet options from food trucks on-site. Movies begin after sunset, weather permitting.
 - Friday, July 18 — *Mufasa: The Lion King* (PG)
 - Friday, July 25 — *Sonic the Hedgehog 3* (PG)
 - Friday, August 8 — *Inside Out 2* (PG)

- Symphony in the Cities will be held on August 3 at Mike Ward Community Park-Woodbridge. This free event features a live performance by Pacific Symphony, with pre-concert activities for all ages beginning at 5:30 p.m., and concert beginning at 7 p.m.
- The annual National Night Out event will be held on August 5 in the Great Park Palm Court from 5:30 to 7:30 p.m. The event offers opportunities to see police, fire, and SWAT vehicles, many family-friendly games and activities, and visits with K9 and mounted police units. Food trucks will also be on-site. A flyer was provided.
- The Annual Variety Show will be on August 14 from 12:30 to 3:00 p.m. Event features theatrical entertainment and a variety of acts including singing, dancing, comedic skits, and more.

Supervisors Castrey and Lee made the following new staff announcements:

- Michael Bogdanovich, Senior Leader EPT
- Carla La Villa, Senior Leader EPT
- Amanda Rigali, Program Specialist FT
- Traci Bell, Program Coordinator FT

Commissioner Announcements

There were no Commissioner announcements.

Special Interest Group Announcements

Friends of Outreach (FOO): Commissioner Jacobs reported the following:

- FOO has collected 140 scarves for the holiday gift bags.
- A clothing donation has been made to the 2/11 Marines.
- FOO is preparing for the 25th anniversary of the Irvine Global Village Festival.

South Asian Senior Association (SASA): Nrapendra Prasad, EKTA Board Member, reported the following:

- SASA offers a variety of programs on a monthly basis.
- Recently celebrated South Asian Heritage Month with a cross-culture and multi-generational event with over 160 attendees.

Orange County Older Adults Advisory Commission (OAAC):

Vice Chair Owens reported the following:

- Office on Aging has identified Get Set UP program funding to extend data plans for the 2,200 iPad users through November.
- OAAC is requesting that countywide senior center contacts provide health fair information for their respective centers through 2025 for inclusion in the Office on Aging monthly newsletter.
- Legislation proposing increasing the Personal Needs rate from \$35 to \$50 has been shelved.
- A SoCalGas informational brochure about discount programs was distributed.

Commission Nutrition Subcommittee:

Commissioner Chen reported the following:

- Nutrition program statistics were shared.
- Memorial Day and Father's Day themed lunches were well attended.
- A new menu cycle began in July.
- Next meeting will be August 11.

ADDITIONS AND DELETIONS

There were no additions or deletions to the agenda.

COMMISSION BUSINESS

1. MINUTES

ACTION:

Moved by Vice Chair Owens, seconded by Commissioner Sandlin, and unanimously carried by those members present (Commissioner Singh absent) to approve the minutes of the Irvine Advisory Commission for Older Adults regular meeting held May 15, 2025.

END OF COUNCIL BUSINESS

ADJOURNMENT

Moved by Commissioner Sandlin, seconded by Vice Chair Owens, and unanimously carried by those members present, to adjourn the regular meeting of the Commission at 10:50 a.m.

CHAIR

Athena Martinez, Recording Secretary

Date Approved