



# MINUTES

## HEALTH & WELLNESS ADVISORY COMMITTEE SPECIAL MEETING

**May 20, 2025**  
**Conference & Training Center (CTC)**  
1 Civic Center Plaza  
Irvine, CA 92606

### CALL TO ORDER

The special meeting of the Health & Wellness Advisory Committee was called to order at 5:01 p.m. on May 20, 2025, in the Conference & Training Center (CTC), Irvine Civic Center, 1 Civic Center Plaza, Irvine, California.

### ROLL CALL

Present:	9	Committee Member:	Phyllis Agran
		Committee Member:	Diane Aviles
		Committee Member:	Nakia Best
		Committee Member:	Susanne Flores
		Committee Member:	Tiffany Im
		Committee Member:	Melisa Masri
		Committee Member:	Natalie Hamilton
		Committee Member:	Ruby Villavisencio
		Committee Member:	Laura Rubio

### PLEDGE OF ALLEGIANCE

Denise Bennett, Health & Wellness Administrator, led the Pledge of Allegiance.

## **INTRODUCTIONS**

Each committee member introduced themselves by sharing their name, role or affiliation, and, if they chose to, a brief note about their connection to the committee or what they hope to contribute.

The agenda was reordered to move directly to Committee Business Item 4 - Nomination and Selection of a Chair Pro Tem for the May 2025 Special Meeting.

## **COMMITTEE BUSINESS**

### **4. NOMINATION AND SELECTION OF A CHAIR PRO TEM FOR THE MAY 2025 SPECIAL MEETING**

One nomination was received to nominate Committee Member Phyllis Agran as Chair Pro Tem to serve for the remainder of the special meeting. The nomination period was then closed.

**ACTION: Moved by Committee Member Hamilton, seconded by Committee Member Best, to close the nomination period. The motion passed unanimously.**

## **PRESENTATIONS**

### **1. OVERVIEW OF CITY OF IRVINE OFFICE HEALTH AND WELLNESS**

Heather Dion, Chief Health & Wellness Director, presented an overview of the Office of Health & Wellness, with Phyllis Agran, Chair Pro Tem, sharing a few slides on the history of the now dissolved Irvine Children, Youth and Families Advisory Committee (ICYFAC).

Committee members engaged in discussion and asked questions of staff.

One member of the public, Jennifer Ki, provided public comment and expressed support for the Committee's work and emphasized the importance of addressing the needs of residents with disabilities. She highlighted challenges in navigating services and expressed interest in collaboration, particularly around improving access to resources.

## **2. STRATEGIC PLAN FOR CHILDREN, YOUTH, AND FAMILIES**

Heather Dion, Chief Health & Wellness Director, Denise Bennett, Health & Wellness Administrator, and Traci Stubbler, Child Care Services Superintendent presented an overview of the Strategic Plan for Children, Youth, and families and how it will serve as the framework for the Office of Health of Wellness initiatives.

Committee members engaged in discussion and asked questions of staff.

There were no public comments received.

### **PUBLIC COMMENTS - NON-AGENDIZED ITEMS**

There were no public comments received.

### **ANNOUNCEMENTS/COMMITTEE REPORTS**

There were no announcements/committee reports.

### **ADDITIONS AND DELETIONS**

There were no additions and deletions to the agenda.

### **CONSENT CALENDAR**

## **3. HEALTH AND WELLNESS ADVISORY COMMITTEE REGULAR MEETING SCHEDULE**

There were no public comments received.

**ACTION: Moved by Committee Member Hamilton, seconded by Committee Member Aviles, and passed with all committee members voting in favor to:**

Approve the calendar year 2025 meeting schedule.

## COMMITTEE BUSINESS

### 5. DESIGNATION OF SELECTION PANEL FOR MEMBER-AT-LARGE RECRUITMENT TO THE HEALTH AND WELLNESS ADVISORY COMMITTEE

There were no public comments received.

**ACTION: Moved by Chair Pro Tem Agran, seconded by Committee Member Aviles and passed with all committee members voting in favor to:**

Designate Ruby Villavicencio, Tiffany Im, and Natalie Hamilton as the three committee members of the Health and Wellness Advisory Committee to serve on a selection panel to interview candidates for the Member-at-Large recruitment.

## ADJOURNMENT

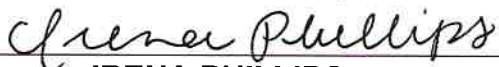
**By a unanimous aye vote by all members present, the meeting was adjourned at 6:43 p.m.**



PHYLLIS AGRAN  
CHAIR PRO TEM



HEATHER DION  
CHIEF HEALTH & WELLNESS  
DIRECTOR



IRENA PHILLIPS  
RECORDING SECRETARY

9/8/2025

DATE APPROVED