



# MINUTES

## HEALTH & WELLNESS ADVISORY COMMITTEE REGULAR MEETING

**September 8, 2025**

Conference & Training Center (CTC)  
1 Civic Center Plaza  
Irvine, CA 92606

### CALL TO ORDER

The regular meeting of the Health & Wellness Advisory Committee was called to order at 5:02 p.m. on September 8, 2025, in the Conference & Training Center (CTC), Irvine Civic Center, 1 Civic Center Plaza, Irvine, California.

### ROLL CALL

Present:	9	Chair Pro Tem:	Phyllis Agran
		Committee Member:	Diane Aviles
		Committee Member:	Nakia Best
		Committee Member:	Tiffany Im
		Committee Member:	Carolyn Inmon
		Committee Member:	Melisa Masri
		Committee Member:	Cynthia Haq
		Committee Member:	Natalie Hamilton
		Committee Member:	Laura Rubio
Absent:	2	Committee Member:	Susanne Flores
		Committee Member:	Ruby Villavisencio

### PLEDGE OF ALLEGIANCE

Chair Pro Tem Agran led the Pledge of Allegiance.

## **INTRODUCTIONS**

Each staff member, committee member, and outside presenter introduced themselves by sharing their name, role or affiliation, and, if they chose to, a brief note about their connection to the committee or what they hope to contribute.

## **PUBLIC COMMENTS - NON-AGENDIZED ITEMS**

Steven Chen, Deputy Director of the Mental Health Association for Chinese Communities, introduced himself and his organization, and announced that he will present at the December 8, 2025 Health & Wellness Advisory Committee meeting.

## **ANNOUNCEMENTS/COMMITTEE REPORTS**

Chair Pro Tem Agran provided a brief presentation on what's new in pediatrics, including updates to immunization schedules, mental health screening, home health care for children with complex needs, prevention of child drowning, and electric bikes.

## **ADDITIONS AND DELETIONS**

There were no additions or deletions to the agenda. However, Director Dion requested that item 4, *Early Childhood Friendly City Resolution*, be moved up in the agenda to follow presentation item 1, *OC Children's Screening Registry*, to better accommodate the outside agency guests.

## **DIRECTOR'S REPORT**

Director Dion announced the City's inaugural Nonprofit Week 2025 and shared details on the planned events.

She also shared information on the monthly food box distribution, which occurs on the second Thursday of each month from 9 a.m. to noon at Heritage Park, and mentioned it being a volunteer opportunity for individuals aged 18 and older.

## **NOMINATION AND SELECTION FOR CHAIR AND VICE CHAIR**

One nomination was received for Chair Pro Tem Agran to serve as Chair for the remainder of the 2025 calendar year. The nomination period was then closed.

**ACTION: Moved by Committee Member Inmon, seconded by Committee Member Hamilton, motion passed unanimously to declare Chair Pro Tem Agran as Chairperson.**

One nomination was received for Committee Member Best to serve as Vice Chair for the remainder of the 2025 calendar year. The nomination period was then closed.

**ACTION: Moved by Chair Agran, motion passed unanimously to declare Committee Member Best as Vice Chairperson.**

## **PRESENTATIONS**

### **1. OC Children's Screening Registry**

Traci Stubbler, Child Care and Development Superintendent, introduced Jaquelyn Norton, Screening Registry Coordinator from Help Me Grow Orange County, who presented the item on the OC Children's Screening Registry platform.

Committee members engaged in discussion and asked questions of Ms. Norton.

There were no public comments received.

## **COMMITTEE BUSINESS**

### **4. EARLY CHILDHOOD FRIENDLY CITY RESOLUTION**

Traci Stubbler, Child Care and Development Superintendent, introduced Cristina Blevins, Early Learning Senior Program Officer from First 5 Orange County, who presented the item on the Early Childhood Friendly City Resolution.

Committee members engaged in discussion and asked questions of Ms. Blevins.

There were no public comments received.

**ACTION: An amended motion was made by Committee Member Inmon to refer the item to the Early Childhood Ad Hoc Subcommittee for further review and development and bring the updated item back at the next regular meeting of the Health & Wellness Advisory Committee. The motion was seconded by Committee Member Haq and passed unanimously with all members present.**

## **COMMITTEE BUSINESS**

### **3. HEALTH AND WELLNESS ADVISORY COMMITTEE SUBCOMMITTEES**

Director Dion presented the item, and following discussion among the committee, five Ad Hoc Subcommittees were formed, with members self-selecting based on their areas of interest and expertise:

Behavioral Healthcare Services Ad Hoc Subcommittee:

Committee Members Villavisencio, Rubio, Hamilton, and Aviles

Disability Services and Programs Ad Hoc Subcommittee:

Committee Members Im and Masri

Early Childhood Ad Hoc Subcommittee:

Chair Agran and Committee Members Villavisencio, Rubio, and Inmon

Homelessness Ad Hoc Subcommittee:

Committee Members Hamilton, Inmon, and Haq

Youth Development Ad Hoc Subcommittee:

Chair Agran, Vice Chair Best, and Committee Member Rubio

The Committee established that all subcommittees will include an overarching focus on safety and injury prevention, as well as environmental health. Collaboration with other City departments and community partners, such as UCI, Irvine Valley College, and other subject matter experts, is encouraged and expected as part of the subcommittees' work.

There were no public comments received.

**ACTION: Moved by Chair Agran, seconded by Committee Member Hamilton, to affirm the formation of the subcommittees and their membership. The motion passed unanimously with all members present.**

## **CONSENT CALENDAR**

### **2. MINUTES**

**ACTION: Moved by Chair Agran, seconded by Committee Member Im. The motion passed 9-2-2, with Committee Members Inmon and Haq abstaining and Committee Members Flores and Villavisencio absent.**

At the conclusion of the meeting, Committee Member Haq suggested pursuing a designation for the City of Irvine as one of the healthiest cities in the nation.

**ACTION: The motion was made by Committee Member Haq, seconded by Chair Agran, and passed unanimously with all members present.**

**ADJOURNMENT**

**By a unanimous aye vote by all members present, the meeting was adjourned by all members present at 6:36 p.m.**



**PHYLLIS AGRAN  
CHAIR PRO TEM**



**HEATHER DION  
DIRECTOR OF HEALTH &  
WELLNESS**



**IRENA PHILLIPS  
RECORDING SECRETARY**

12/8/2025

**DATE APPROVED**