



Strong Families, Safe Kids

# Parenting Education

## January 2026 Schedule

Classes are available at no cost to Orange County parents and caregivers.

Parenting classes can:

- Build strong, healthy relationships with your children
- Address your child's problem behavior
- Minimize problems that disrupt family life
- Raise responsible, caring children

You'll learn valuable skills, including how to:

- Communicate effectively
- Avoid family conflicts
- Give positive attention
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- Praise your child's good behavior appropriately



**Register today!**

For more information, please call the contact listed.

\*For virtual courses, a Zoom link will be provided.



Funded by: OC Health Care Agency

### Active Parenting-First Five Years

Curriculum for parents of children ages 0-5

Language/City	Address/Contact	Schedule
<b>English</b> Santa Ana (AM)	<b>Olive Crest</b> Virtual Course- over Zoom*  Sofia Guerra   714-543-5437 ext.1371 <a href="mailto:Sofia-guerra@olivecrest.org">Sofia-guerra@olivecrest.org</a>	<b>Tuesdays &amp; Thursdays</b> 9:00 AM – 10:30 AM  January: 6, 8, 13, 15, 20, 22
<b>English</b> Irvine (PM)	<b>SCCCA</b> Virtual Course- over Zoom*  Shiow Wen   714-543-5437 ext. 1165 <a href="mailto:Shiow-wen@olivecrest.org">Shiow-wen@olivecrest.org</a>	<b>Mondays &amp; Thursdays</b> 5:00 PM – 7:00 PM  January: 8, 12, 15, 22, 26 February: 2
<b>English</b> Santa Ana (PM)	<b>Olive Crest</b> 2130 East Fourth St., Suite 200, Santa Ana, CA 92705  Lidia Roman   714-543-5437 ext. 1921 <a href="mailto:Lidia-roman@olivecrest.org">Lidia-roman@olivecrest.org</a>	<b>Fridays</b> 6:00 PM – 8:00 PM  January: 9, 16, 23, 30 February: 6
<b>English</b> Santa Ana (PM)	<b>Olive Crest</b> Virtual Course- over Zoom*  Evelina Panossian Saki   714-361-4375 <a href="mailto:Evelina-panossian@olivecrest.org">Evelina-panossian@olivecrest.org</a>	<b>Tuesdays</b> 7:15 PM – 8:45 PM  January: 13, 20, 27 February: 3, 10, 17
<b>English</b> Newport Beach (PM)	<b>Newport Mesa FRC</b> Virtual Course- over Zoom*  Newport Mesa FRC   949-764-8100 <a href="mailto:NewportMesaFRC@factoc.org">NewportMesaFRC@factoc.org</a>	<b>Thursdays</b> 5:30 PM – 7:30 PM  January: 22, 29 February: 5, 12, 19



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English Santa Ana (PM)	<b>Olive Crest</b> Virtual Course- over Zoom*  Evelina Panossian Saki   714-361-4375 <a href="mailto:Evelina-panossian@olivecrest.org">Evelina-panossian@olivecrest.org</a>	<b>Thursdays</b> 7:15 PM – 8:45 PM  January: 29 February: 5, 12, 19, 26 March: 5

### Active Parenting -School Age

Curriculum for parents of children ages 6-12

Language/City	Address/Contact	Schedule
English Santa Ana (AM)	<b>Olive Crest</b> Virtual Course- over Zoom*  Sofia Guerra   714-543-5437 ext.1371 <a href="mailto:Sofia-guerra@olivecrest.org">Sofia-guerra@olivecrest.org</a>	<b>Wednesdays &amp; Fridays</b> 9:00 AM – 11:00 AM  January: 7, 9, 14, 16, 21, 23
English La Habra (AM)	<b>El Cerrito Elementary</b> Virtual Course- over Zoom*  Maria Cisneros   714-361-4372 <a href="mailto:Maria-cisneros@olivecrest.org">Maria-cisneros@olivecrest.org</a>	<b>Thursdays</b> 9:00 AM – 11:00 AM  January: 8, 15, 22, 29 February: 5, 12
English Westminster (PM)	<b>Westminster FRC</b> Virtual Course- over Zoom*  Westminster FRC   714-903-1331 Phuong Nguyen   714-361-4374	<b>Wednesdays</b> 6:00 PM – 8:00 PM  January: 14, 21, 28 February: 4, 11, 18



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Curriculum for parents of children ages 6-12

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<b>English</b> Tustin (PM)	<b>Tustin FRC</b> Virtual Course- over Zoom*  Tustin FRC   714-884-3163 <a href="mailto:Tustin@factoc.org">Tustin@factoc.org</a>	<b>Thursdays</b> 6:00 PM – 8:00 PM  January: 29 February: 5, 12, 19, 26 March: 5
<b>Mandarin</b> Laguna Hills (PM)	<b>TzuChi</b> Virtual Course- over Zoom*  Shiow Wen   714-543-5437 ext. 1165 <a href="mailto:Shiow-wen@olivecrest.org">Shiow-wen@olivecrest.org</a>	<b>Wednesdays</b> 6:30 PM – 8:30 PM  January: 7, 14, 21, 28 February: 4, 11
<b>Spanish</b> Santa Ana (PM)	<b>Minnie St FRC</b> Virtual Course- over Zoom*  Sofia Guerra   714-543-5437 ext.1371 <a href="mailto:Sofia-guerra@olivecrest.org">Sofia-guerra@olivecrest.org</a>	<b>Tuesdays</b> 5:30 PM – 7:30 PM  January: 6, 13, 20, 27 February: 3, 10
<b>Spanish</b> Santa Ana (AM)	<b>Guzman Elementary</b> 1930 W 10 <sup>th</sup> St, Santa Ana, CA 92703  Daniel Gonzalez   714-543-5437 ext. 1004 <a href="mailto:Daniel-gonzalez@olivecrest.org">Daniel-gonzalez@olivecrest.org</a>	<b>Fridays</b> 8:30 AM – 10:30 AM  January: 9, 16, 23, 30 February: 6, 20
<b>Spanish</b> Stanton (PM)	<b>Stanton FRC</b> 11822 Santa Paula St, Stanton, CA 90680  Stanton FRC   714-379-0129 Daniel Gonzalez   714-543-5437 ext. 1004	<b>Wednesdays</b> 5:00 PM – 7:00 PM  January: 14, 21, 28 February: 4, 11, 18





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### Active Parenting -School Age

Curriculum for parents of children ages 6-12

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<b>Spanish</b> Anaheim (PM)	<b>Manzanita FRC</b> Virtual Course – over Zoom*  Manzanita FRC   714-491-7205   Rosaura Navejas   <a href="mailto:Rosaura-navejas@olivecrest.org">Rosaura-navejas@olivecrest.org</a>	<b>Wednesdays</b> 6:00 PM – 8:00 PM  January: 28 February: 4, 11, 18, 25 March: 4

### Active Parenting of Teens

Curriculum for parents of children ages 13-18

Language/City	Address/Contact	Schedule
<b>English</b> San Juan Capistrano (PM)	<b>CHEC FRC</b> Virtual Course- over Zoom*  CHEC FRC   949-489-7742 <a href="mailto:Checfrfc@factoc.org">Checfrfc@factoc.org</a>	<b>Wednesdays</b> 5:30 PM – 7:30 PM  January: 7, 14, 21, 28 February: 4, 11, 18
<b>Spanish</b> Lake Forest (PM)	<b>SOC FRC</b> Virtual Course- over Zoom*  SOC FRC   949-364-0500 <a href="mailto:SouthOCFRC@factoc.org">SouthOCFRC@factoc.org</a>	<b>Wednesdays</b> 5:30 PM – 7:30 PM  January: 7, 14, 21, 28 February: 4, 11, 18
<b>Spanish</b> Santa Ana (AM)	<b>Lathrop Intermediate School</b> 1111 S. Broadway St, Santa Ana 92707  Nadia Huq   657-622-4176 <a href="mailto:Nadia-huq@olivecrest.org">Nadia-huq@olivecrest.org</a>	<b>Tuesdays</b> 9:00 AM – 11:00 AM  January: 13, 20, 27 February: 3, 10, 17, 24



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### Active Parenting of Teens

Curriculum for parents of children ages 13-18

Language/City	Address/Contact	Schedule
<b>Spanish</b> Santa Ana (PM)	<b>CARR Intermediate School</b> Virtual Course- over Zoom*  Maria Cisneros   714-361-4372 <a href="mailto:Maria-cisneros@olivecrest.org">Maria-cisneros@olivecrest.org</a>	<b>Thursdays</b> 6:00 PM – 8:00 PM  January: 15, 22, 29 February: 5, 12, 19, 26
<b>Spanish</b> Santa Ana (AM)	<b>Garfield Elementary School</b> 850 Brown St, Santa Ana, CA 92701  Daisy Hernandez   657-622-4112 <a href="mailto:Daisy-hernandez@olivecrest.org">Daisy-hernandez@olivecrest.org</a>	<b>Wednesdays</b> 8:30 AM – 10:30 AM  January: 21, 28 February: 4, 11, 18, 25 March: 4

### Active Parenting: Cooperative Coparenting Class

Curriculum for coparents

Language/City	Address/Contact	Schedule
<b>English</b> Santa Ana (PM)	<b>Olive Crest</b> 2130 East Fourth St., Suite 200, Santa Ana, CA 92705  Janet Vera Ortega   714-361-4373 <a href="mailto:Janet-vera@olivecrest.org">Janet-vera@olivecrest.org</a>	<b>Mondays &amp; Tuesdays</b> 5:00 PM – 7:00 PM  January: 5, 6, 12, 13, 19, 20, 26, 27