

Parenting Education

January 2026 Schedule



Classes are available at no-cost to Orange County parents and caregivers.

Parenting classes can:

- Build strong, healthy relationships with your children
- Address your child's problem behavior
- Minimize problems that disrupt family life
- Raise responsible, caring children

You'll learn valuable skills, including how to:

- Communicate effectively
- Avoid family conflicts
- Give positive attention
- Balance discipline with affection
- Praise your child's good behavior appropriately

Register today!

For more information, please call the contact listed.

*For virtual courses, a Zoom link will be provided.



Funded by: OC Health Care Agency

Active Parenting-First Five Years

Curriculum for parents of children ages 0-5

Language/City	Address/Contact	Schedule
English Santa Ana (AM)	Olive Crest Virtual Course- over Zoom* Sofia Guerra 714-543-5437 ext.1371 Sofia-guerra@olivecrest.org	Tuesdays & Thursdays 9:00 AM – 10:30 AM January: 6, 8, 13, 15, 20, 22
English Irvine (PM)	SCCCA Virtual Course- over Zoom* Shiow Wen 714-543-5437 ext. 1165 Shiow-wen@olivecrest.org	Mondays & Thursdays 5:00 PM – 7:00 PM January: 8, 12, 15, 22, 26 February: 2
English Santa Ana (PM)	Olive Crest 2130 East Fourth St., Suite 200, Santa Ana, CA 92705 Lidia Roman 714-543-5437 ext. 1921 Lidia-roman@olivecrest.org	Fridays 6:00 PM – 8:00 PM January: 9, 16, 23, 30 February: 6
English Santa Ana (PM)	Olive Crest Virtual Course- over Zoom* Evelina Panossian Saki 714-361-4375 Evelina-panossian@olivecrest.org	Tuesdays 7:15 PM – 8:45 PM January: 13, 20, 27 February: 3, 10, 17
English Newport Beach (PM)	Newport Mesa FRC Virtual Course- over Zoom* Newport Mesa FRC 949-764-8100 NewportMesaFRC@factoc.org">NewportMesaFRC@factoc.org	Thursdays 5:30 PM – 7:30 PM January: 22, 29 February: 5, 12, 19

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English Santa Ana (PM)	Olive Crest Virtual Course- over Zoom* Evelina Panossian Saki 714-361-4375 Evelina-panossian@olivecrest.org	Thursdays 7:15 PM – 8:45 PM January: 29 February: 5, 12, 19, 26 March: 5

Active Parenting -School Age

Curriculum for parents of children ages 6-12

Language/City	Address/Contact	Schedule
English Santa Ana (AM)	Olive Crest Virtual Course- over Zoom* Sofia Guerra 714-543-5437 ext.1371 Sofia-guerra@olivecrest.org	Wednesdays & Fridays 9:00 AM – 11:00 AM January: 7, 9, 14, 16, 21, 23
English La Habra (AM)	El Cerrito Elementary Virtual Course- over Zoom* Maria Cisneros 714-361-4372 Maria-cisneros@olivecrest.org	Thursdays 9:00 AM – 11:00 AM January: 8, 15, 22, 29 February: 5, 12
English Westminster (PM)	Westminster FRC Virtual Course- over Zoom* Westminster FRC 714-903-1331 Phuong Nguyen 714-361-4374	Wednesdays 6:00 PM – 8:00 PM January: 14, 21, 28 February: 4, 11, 18

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Active Parenting -School Age

Curriculum for parents of children ages 6-12

Language/City	Address/Contact	Schedule
English Tustin (PM)	Tustin FRC Virtual Course- over Zoom* Tustin FRC 714-884-3163 Tustin@factoc.org	Thursdays 6:00 PM – 8:00 PM January: 29 February: 5, 12, 19, 26 March: 5
Mandarin Laguna Hills (PM)	TzuChi Virtual Course- over Zoom* Shiow Wen 714-543-5437 ext. 1165 Shiow-wen@olivecrest.org	Wednesdays 6:30 PM – 8:30 PM January: 7, 14, 21, 28 February: 4, 11
Spanish Santa Ana (PM)	Minnie St FRC Virtual Course- over Zoom* Sofia Guerra 714-543-5437 ext.1371 Sofia-guerra@olivecrest.org	Tuesdays 5:30 PM – 7:30 PM January: 6, 13, 20, 27 February: 3, 10
Spanish Santa Ana (AM)	Guzman Elementary 1930 W 10 th St, Santa Ana, CA 92703 Daniel Gonzalez 714-543-5437 ext. 1004 Daniel-gonzalez@olivecrest.org	Fridays 8:30 AM – 10:30 AM January: 9, 16, 23, 30 February: 6, 20
Spanish Stanton (PM)	Stanton FRC 11822 Santa Paula St, Stanton, CA 90680 Stanton FRC 714-379-0129 Daniel Gonzalez 714-543-5437 ext. 1004	Wednesdays 5:00 PM – 7:00 PM January: 14, 21, 28 February: 4, 11, 18

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Active Parenting -School Age

Curriculum for parents of children ages 6-12

Language/City	Address/Contact	Schedule
Spanish Anaheim (PM)	Manzanita FRC Virtual Course – over Zoom* Manzanita FRC 714-491-7205 Rosaura Navejas Rosaura-navejas@olivecrest.org	Wednesdays 6:00 PM – 8:00 PM January: 28 February: 4, 11, 18, 25 March: 4

Active Parenting of Teens

Curriculum for parents of children ages 13-18

Language/City	Address/Contact	Schedule
English San Juan Capistrano (PM)	CHEC FRC Virtual Course- over Zoom* CHEC FRC 949-489-7742 Checfrc@factoc.org	Wednesdays 5:30 PM – 7:30 PM January: 7, 14, 21, 28 February: 4, 11, 18
Spanish Lake Forest (PM)	SOC FRC Virtual Course- over Zoom* SOC FRC 949-364-0500 SouthOCFRC@factoc.org	Wednesdays 5:30 PM – 7:30 PM January: 7, 14, 21, 28 February: 4, 11, 18
Spanish Santa Ana (AM)	Lathrop Intermediate School 1111 S. Broadway St, Santa Ana 92707 Nadia Huq 657-622-4176 Nadia-huq@olivecrest.org	Tuesdays 9:00 AM – 11:00 AM January: 13, 20, 27 February: 3, 10, 17, 24

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Active Parenting of Teens

Curriculum for parents of children ages 13-18

Language/City	Address/Contact	Schedule
Spanish Santa Ana (PM)	CARR Intermediate School Virtual Course- over Zoom* Maria Cisneros 714-361-4372 Maria-cisneros@olivecrest.org	Thursdays 6:00 PM – 8:00 PM January: 15, 22, 29 February: 5, 12, 19, 26
Spanish Santa Ana (AM)	Garfield Elementary School 850 Brown St, Santa Ana, CA 92701 Daisy Hernandez 657-622-4112 Daisy-hernandez@olivecrest.org	Wednesdays 8:30 AM – 10:30 AM January: 21, 28 February: 4, 11, 18, 25 March: 4

Active Parenting: Cooperative Coparenting Class

Curriculum for coparents

Language/City	Address/Contact	Schedule
English Santa Ana (PM)	Olive Crest 2130 East Fourth St., Suite 200, Santa Ana, CA 92705 Janet Vera Ortega 714-361-4373 Janet-vera@olivecrest.org	Mondays & Tuesdays 5:00 PM – 7:00 PM January: 5, 6, 12, 13, 19, 20, 26, 27