



Active Parenting School-Aged Course

IF YOU HAVE A CHILD, CHANCES ARE YOU'VE HAD YOUR FAIR SHARE OF CHALLENGING DAYS. JOIN OUR FUN AND INTERACTIVE CLASSES!

Classes available at NO COST TO ORANGE COUNTY parents and caregivers. Class size is limited.

Pre-registration is required.

Course is offered in collaboration with
El Cerrito Elementary

To RSVP contact use QRcode or link:
<https://forms.office.com/r/rX78JwkJay>

Parent Educator: Maria Cisneros
maria-cisneros@olivecrest.org

Parenting class via Zoom (In English)
Join us from the comfort of your own home with your smartphone or computer!

Schedule 2026: Thursday 9:00-11:00 AM
January 8, 15, 22, 29 | February 5, 12

AGENDA

- Session 1 - The Active Parent
- Session 2 - Cooperation & Communication
- Session 3 - Responsibility & Discipline
- Session 4 - Building Courage & Self-Esteem
- Session 5 - Understanding and Redirecting Misbehavior
- Session 6 - Active Parenting for School

