



# Active Parenting School-Aged Course

IF YOU HAVE A CHILD, CHANCES ARE YOU'VE HAD YOUR FAIR SHARE OF CHALLENGING DAYS. JOIN OUR FUN AND INTERACTIVE CLASSES!

Classes available at NO COST TO ORANGE COUNTY parents and caregivers. Class size is limited.

Pre-registration is required.

**Tustin Family Resource Center**  
**To Register contact:**  
**714-884-3163**  
**[Tustin@factoc.org](mailto:Tustin@factoc.org)**

**Join us from the comfort of your own home with your smartphone or computer!**

**Zoom link provided upon registration.**

**Schedule: Thursdays, 6:00 PM - 8:00 PM**

**January: 29 | February: 5, 12, 19, 26 | March: 5**

## AGENDA

- Session 1 - The Active Parent
- Session 2 - Cooperation & Communication
- Session 3 - Responsibility & Discipline
- Session 4 - Building Courage & Self-Esteem
- Session 5 - Understanding and Redirecting Misbehavior
- Session 6 - Active Parenting for School
- Session 7: Putting It All Together & Graduation

