



AGENDA

IRVINE ADVISORY COMMISSION FOR OLDER ADULTS REGULAR MEETING

Rachel Owens
Vice Chair

Susan Anderson
Commissioner

Mike C. Chen
Commissioner

Greta Jacobs
Commissioner

Bill Sandlin
Commissioner

Preeti Singh
Commissioner

Ray S. Wong, PharmD, MBA
Commissioner

January 15, 2026

9:00 AM

City Council Chamber

**1 Civic Center Plaza
Irvine, CA 92606**

PARTICIPATION VIA ZOOM

MEETING ID: 160 418 2008

PASSCODE: 100495

WEBSITE: zoom.us/join

**TELEPHONE: 669-254-5252
or 669-216-1590**

To participate virtually, visit zoom.us/join using any web browser, or the Zoom app on smartphones or tablets, and enter the Meeting ID and Passcode noted above. To participate by telephone, dial one of the numbers listed above and enter the same Meeting ID and Passcode. For technical assistance before or during the meeting, call 949-724-6078.

CALL TO ORDER

ROLL CALL

PLEDGE OF ALLEGIANCE

INTRODUCTIONS

COMMISSION REORGANIZATION

- 1. Selection of Chairperson:** Commission Liaison, or designee, declares nominations open for Chairperson and calls for Commission vote.
- 2. Selection of Vice Chairperson:** Newly-elected Chairperson declares nominations open for Vice Chairperson and calls for Commission vote.

PRESENTATIONS

- 3. DISTINGUISHED SERVICE AWARDS**
 - Ericka Lozada Luy
 - Hillary Willet

4. YMCA OF ORANGE COUNTY OVERVIEW

5. OFFICE OF HEALTH & WELLNESS OVERVIEW

6. OLDER ADULT SERVICES QUARTERLY REVIEW

PUBLIC COMMENTS – NON-AGENDIZED ITEMS

Any member of the public may address the Commission on items within the Commission's subject matter jurisdiction but which are not listed on this agenda; however, no action may be taken on matters that are not part of the posted agenda. If 20 or fewer requests to provide public comments are submitted, each speaker shall be limited to three minutes. If between 21 and 30 speakers submit public comments, each speaker shall be limited to two minutes. If more than 30 speakers submit public comments, each speaker shall be limited to 90 seconds per item. The time limit per speaker shall be established based on the number of requests to speak submitted to the Recording Secretary before the first speaker is called. Requests to speak submitted after the first speaker is called shall receive 90 seconds. These time limits may be shortened or extended, or a cumulative limit on the time for all public speakers may be imposed, at the discretion of the Chair or by a majority vote of the Commission.

ANNOUNCEMENTS/REPORTS

Announcements, Committee Reports, and Commissioner Comments are for the purpose of presenting brief comments or reports, are subject to California Government Code Section 54954.2 of the Brown Act, and are limited to three minutes per speaker. In addition, the Chair shall receive any necessary additional time to deliver announcements of community events and opportunities.

ADDITIONS AND DELETIONS

Additions to the agenda are limited by California Government Code Section 54954.2 of the Brown Act and for those items that arise after the posting of the Agenda and must be acted upon prior to the next meeting.

COMMISSION BUSINESS

Public comments on Commission items will be heard at the time the matters are considered. If 10 or fewer requests to speak are submitted, each speaker shall be limited to three minutes per item. If between 11 and 15 speakers submit requests to speak, each speaker shall be limited to two minutes per item. If 16 or more requests to speak are submitted, each speaker shall be limited to 90 seconds per item. The time limit per speaker shall be established based on the number of requests to speak submitted to the Recording Secretary before the first speaker is called. Requests to speak submitted after the first speaker is called shall receive 90 seconds. These time limits may be shortened or extended, or a cumulative limit on the time for all public speakers may be imposed, at the discretion of the Chair or by a majority vote of the Commission.

7. MINUTES

RECOMMENDED ACTION:

Approve the minutes of the Irvine Advisory Commission for Older Adults regular meeting held October 16, 2025.

8. IRVINE ADVISORY COMMISSION FOR OLDER ADULTS ASSIGNMENTS

RECOMMENDED ACTION:

Designate Commissioners to attend meetings of the Orange County Older Adults Advisory Commission and its own Nutrition Subcommittee for calendar year 2026.

ADJOURNMENT

NOTICE TO THE PUBLIC**PARTICIPATION AT IRVINE ADVISORY COMMISSION FOR OLDER ADULTS MEETINGS**

Meetings are broadcast live on ICTV, Cox Communications Local Access Channel 30, and AT&T U-Verse Channel 99. You may submit comments on any agenda item or on any item not on the agenda, in writing via mail to: "Attn: Irvine Advisory Commission for Older Adults," 1 Civic Center Plaza, Irvine, CA 92606; by email to olderadultcommission@cityofirvine.org; or through e-Comment at cityofirvine.org/senior-services/irvine-advisory-commission-older-adults. E-Comments submitted at least two hours prior to the commencement of the meeting will be distributed to the Commission at the meeting. You may also provide live comments via "Zoom." For more information, visit cityofirvine.org/senior-services/irvine-advisory-commission-older-adults.

REQUEST TO SPEAK IN PERSON: If you would like to address the Commission on a scheduled agenda item or non-agenda item, please register by completing the electronic form available on the kiosk at the entrance to the City Council Chamber. We respectfully ask that you identify on the form your name and the item(s) on which you would like to speak. The Request to Speak Form on the kiosk assists the Chair in ensuring that all persons wishing to address the Commission are recognized. It also ensures the accurate identification of meeting participants in the Commission minutes. Your name will be called at the time public comments are heard by the Commission. City policy is to limit public testimony to up to three minutes per speaker depending on relevant circumstances, which includes the presentation of electronic or audio/visual information. Speakers may not yield their time to other persons.

Please take notice that the order of scheduled agenda items and/or the time they are actually heard, considered, and decided may be modified by the Chair or the Commission during the course of the meeting, so please stay alert.

PLEASE NOTE: The Commission is making every effort to follow the spirit and intent of the Brown Act and other applicable laws regulating the conduct of public meetings, in order to maximize transparency and public access. For questions or assistance, please contact the Community & Library Services Department at 949-724-6732, or via email at olderadultcommission@cityofirvine.org. It would be appreciated if written communications of public comments related to items on the agenda, or items not on the agenda, are provided prior to the commencement of the meeting.

LIVE BROADCASTING

Regular Commission meetings are broadcast live every 3rd Thursday of the month at 9 a.m. All broadcasts can be viewed on Cox Communications Local Access Channel 30 and U-Verse Channel 99. Commission meetings are also available at any time for replaying through the City's website at cityofirvine.org/senior-services/irvine-advisory-commission-older-adults. For more information, please contact the Commission liaison at 949-724-6732.

ADJOURNMENT

At 11 a.m., the Commission will determine which of the remaining agenda items can be considered and acted upon prior to 12 noon and will continue all other items for which additional time is required until a future Commission meeting. All meetings are scheduled to terminate at 12 noon.

STAFF REPORTS

As a general rule, staff reports or other written documentation have been prepared or organized with respect to each item of business listed on the agenda. Copies of these materials are on file with the Community & Library Services Department and are available for public inspection and copying once the agenda is publicly posted, (at least 7 days prior to a regular Commission meeting). Staff reports can also be downloaded from the City's website at cityofirvine.org/senior-services/irvine-advisory-commission-older-adults at least 7 days prior to the scheduled Commission meeting.

If you have any questions regarding any item of business on the agenda for this meeting, or any of the staff reports or other documentation relating to any agenda item, please contact the Commission liaison at 949-724-6732.

SUPPLEMENTAL MATERIAL RECEIVED AFTER THE POSTING OF THE AGENDA

Any supplemental writings or documents distributed to a majority of the Commission regarding any item on this agenda after the posting of the agenda will be available for public review in the Community & Library Services Department, 1 Civic Center Plaza, Irvine, California, during normal business hours. In addition, such writings or documents will be made available for public review at the respective public meeting.

If you have any questions regarding any item of business on the agenda for this meeting, or any of the staff reports or other documentation relating to any agenda item, please contact the Commission liaison at 949-724-6732.

SUBMITTAL OF INFORMATION BY MEMBERS OF THE PUBLIC FOR DISSEMINATION OR PRESENTATION AT PUBLIC MEETINGS

1. Written Materials/Handouts: Any member of the public who desires to submit documentation in hard copy form may do so prior to the meeting or at the time he/she addresses the Commission. Please provide 15 copies of the information to be submitted and file with the Recording Secretary at the time of arrival to the meeting. This information will be disseminated to the Commission at the time testimony is given.
2. Large Displays/Maps/Renderings: Any member of the public who desires to display freestanding large displays or renderings in conjunction with their public testimony is asked to notify the Community & Library Services Department at 949-724-6732 no later than 12 noon on the day prior to the scheduled meeting.
3. Electronic Documents/Audio-Visuals: Any member of the public who desires to display information electronically in conjunction with their public testimony is asked to submit the information to the Community Services Department at 949-724-6732 no later than 12 noon on the day prior to the scheduled meeting.

CITY SERVICES TO FACILITATE ACCESS TO PUBLIC MEETINGS

It is the intention of the City of Irvine to comply with the Americans with Disabilities Act (ADA) in all respects. If, as an attendee or a participant at this meeting, you will need special assistance beyond what is normally provided, the City of Irvine will attempt to accommodate you in every reasonable manner. Please contact the Commission liaison at 949-724-6732.

Assisted listening devices are available at the meeting for individuals with hearing impairments. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting. (28 CFR 35.102-35.104 ADA Title II).

MEETING SCHEDULE

Regular meetings of the Irvine Advisory Commission for Older Adults are held on the third Thursdays of each month at 9 a.m. Agendas are available at the following locations:

- City Clerk's Office
- Irvine Police Department
- Main Entrance of City Hall
- Lakeview Senior Center, 20 Lake Road
- Northwood Community Center, 4521 Bryan Ave
- Rancho Senior Center, 3 Ethel Coplen Way
- William Woollett Jr. Aquatics Center, 4601 Walnut Ave
- City's web page at cityofirvine.org

I hereby certify that the agenda for the Irvine Advisory Commission for Older Adults meeting was posted in accordance with law at the main entrance of City Hall, 1 Civic Center Plaza, Irvine, California, on January 8, 2026 by 5:30 p.m. as well as on the City's website.

Athena Martinez, Recording Secretary

BUSINESS

**ITEM 7
MINUTES**



MINUTES

IRVINE ADVISORY COMMISSION FOR OLDER ADULTS REGULAR MEETING

October 16, 2025
City Council Chamber
1 Civic Center Plaza
Irvine, CA 92606

CALL TO ORDER

The regular meeting of the Irvine Advisory Commission for Older Adults (Commission) was called to order at 9:00 a.m. on October 16, 2025, in Council Chamber, Irvine Civic Center, 1 Civic Center Plaza, Irvine, California; Chair Jacknik presiding.

ROLL CALL

Present:	8	Commissioner	Mike C. Chen
		Commissioner	Greta Jacobs
		Commissioner	Zainab Saadi, MD
		Commissioner	Bill Sandlin
		Commissioner	Preeti Singh
		Commissioner	Ray S. Wong, PharmD, MBA
		Vice Chair	Rachel Owens
		Chair	Michele Jacknik

PLEDGE OF ALLEGIANCE

Chair Jacknik led the Pledge of Allegiance.

PARTICIPATION IN COMMISSION MEETING

Athena Martinez, Recording Secretary, provided instructions on how to participate in the Commission meeting for those attending via Zoom or in person.

INTRODUCTIONS

There were no introductions.

PRESENTATIONS

1. DISTINGUISHED SERVICE AWARDS

This award was presented to:

- Patti Soucie for providing over 500 volunteer hours in support of Friends of Outreach and the Meals on Wheels Driver Program.
- Nava Prakash for providing over 280 volunteer hours in support of the Fitness Center Recreation Program.

2. CAREGIVER RESOURCE CENTER OC (CRCOC)

Evelyn Barajas, MSG, and Gabrielle Vendryes, MS, CRCOC Community Liaisons, provided a presentation on services offered.

Discussion included: respite eligibility and benefits; languages served; initial contact to service received; collaboration with PACE Centers; referral sources; posthumous care provided to caregivers.

3. OLDER ADULT SUPPORT SERVICES OVERVIEW

Hee Jin Lee, Community Services Supervisor, and Amanda Rigali, Community Services Program Specialist, provided this presentation.

Discussion included: status of hearing evaluations; volunteer driver program boundaries; assessment and evaluation process; housing waitlists.

PUBLIC COMMENTS – NON-AGENDIZED ITEMS

There were no public comments on non-agendized items.

ANNOUNCEMENTS/REPORTS

Staff Announcements

Amber Castrey, Community Services Supervisor, made the following announcements:

- A Shred Event will be held on October 25 from 9 to 11 a.m. in the Lakeview Senior Center parking lot. Irvine residents can safely and securely dispose of up to five banker-size file boxes. The event is first-come, first-served and will end early if the truck capacity is reached. Customers who wish to watch their paper be shredded will need to park in a designated area away from trucks and staff.
- Older Adult Services will honor brave men and women who served our country. If you know a veteran age 50 or older who is an Irvine resident, we would like to thank them for their service by placing an American flag in their yard or at their door in honor of Veterans Day. Flags will be delivered November 5 and 6 by City dignitaries, staff, and volunteers. Register by October 31 at yourirvine.org.
- The City's annual Veterans Day Ceremony will be held at Colonel Bill Barber Marine Corps Memorial Park on November 11 from 11 a.m. to 12:30 p.m. This free event will pay tribute to the nation's troops and will honor local veterans, veterans' groups, and military organizations.

- The annual Twilight Holiday Social will be on December 5 from 4 to 6 p.m. Celebrate the season with friends and enjoy an evening of holiday cheer, featuring hors d'oeuvres, dancing, and live entertainment. Fee for this event is \$10, and registration begins November 3 at yourirvine.org, course number 128108.
- A handout was provided summarizing the past three months of Older Adult Services events, highlighting upcoming programs and services, and shared participation data.

Commissioner Announcements

Commissioner Singh announced the Diwali event at Lakeview Senior Center on October 17.

Friends of Outreach (FOO)

Kathleen Pfeiffer, FOO President, reported the following:

- Production underway on 220 holiday gift bags for delivery to homebound seniors in December.
- FOO is accepting donations of items such as greeting cards, calendars, lotions, lip balms, etc.
- Craft kiosk availability will be Thursdays from 10 a.m. to 2 p.m.
- International Crafters are knitting items to be included in gift bags.

Irvine Adult Day Health Services, Inc. (IADHS)

Hollis Dalton, IADHS Executive Director, reported the following:

- Thanked Commissioners for touring the center.
- Thanked Chair Jacknik for gardening contribution at the IADHS entrance.
- IADHS Board approved a new mission statement on October 14.
- November is food program fundraising month; \$13,347 was raised last year and 7,125 meals were served.

Irvine Chinese Evergreen Senior Association (ICESA)

Jerry Chang, ICESA President, reported the following:

- ICESA participated in the September 26 Mid-Autumn Festival, the October 4 Healthy Living Expo, and the October 11 Irvine Global Village Festival.
- The monthly member event will be held on October 18 and includes Medicare and Medi-Cal open enrollment updates, and features entertainment.
- The Commission is invited to ICESA's annual holiday lunch at J. Zhou restaurant on December 11.

EKTAA Center: South Asian Senior Association (SASA)

Commissioner Singh reported the following:

- SASA weekly classes are offered at Lakeview Senior Center and Trabuco Center.

- SASA participated at the October 4 Healthy Living Expo, and the October 11 Irvine Global Village Festival.
- Diwali event at Great Park Live had approximately 7,000 attendees.
- SASA provided items for FOO holiday gift bags.
- Council on Aging will provide a presentation on Medicare Open Enrollment at the October 24 SASA lunch social.

Orange County Older Adults Advisory Commission (OAAC)

Vice Chair Owens reported the following from the October 10 meeting:

- Medi-Cal will conduct recertifications.
- Beginning in 2026, the Medi-Cal asset limit test will be reinstated; Under \$130,000 for individuals, under \$195,000 for couples.
- CalFresh EBT maximum monthly benefit for household of one is \$298.
- Services highlighted were In-home Support Services and Adult Protective Services.
- Vice Chair Owens will be serving on the OAAC Housing subcommittee.

Nutrition Subcommittee

Commissioner Chen reported the following from the October 13 meeting:

- August statistics for the Meals on Wheels and Congregate lunch programs.
- Volunteer drivers and servers are needed.
- Veterans Day luncheon will be on November 7 and offer one seating.
- Thanksgiving luncheon will be on November 21 and will offer two seatings.
- Construction projects at Rancho Senior Center and Trabuco Center on track.

ADDITIONS AND DELETIONS

There were no additions or deletions to the agenda.

COMMISSION BUSINESS

1. MINUTES

ACTION:

Moved by Vice Chair Owens and seconded by Commissioner Sandlin to approve the minutes of the Irvine Advisory Commission for Older Adults regular meeting held September 18, 2025.

There were no public comments.

The motion carried as follows:

Ayes: 8 Commissioners Chen, Jacknik, Jacobs, Owens, Saadi, Sandlin, Singh, Wong

END OF COMMISSION BUSINESS

ADJOURNMENT

Moved by Commissioner Sandlin, seconded by Commissioner Chen, and unanimously carried by those members present, to adjourn the regular meeting of the Commission at 10:39 a.m.

CHAIR

Athena Martinez, Recording Secretary

Date Approved

**ITEM 8
COMMISSION ASSIGNMENTS**



REQUEST FOR IRVINE ADVISORY COMMISSION FOR OLDER ADULTS ACTION

MEETING DATE: JANUARY 15, 2026

TITLE: IRVINE ADVISORY COMMISSION FOR OLDER ADULTS
ASSIGNMENTS

A blue ink signature of a person's name, likely the Director of Community & Library Services.

Director of Community & Library Services

RECOMMENDED ACTION

Designate Irvine Advisory Commission for Older Adults Commissioners to attend meetings of the Orange County Older Adults Advisory Commission and its own Nutrition Subcommittee.

EXECUTIVE SUMMARY

The Irvine Advisory Commission for Older Adults (Commission) serves as an advisory body to City Council on policy matters affecting older adults and their families. Member participation in committees at both the County and local level is important to remain informed on matters affecting older adults.

The Commission is requested to identify representatives to attend meetings of the Orange County Older Adults Advisory Commission (OCOAAC) (Attachment 1), and to serve on the Commission Nutrition subcommittee (Attachment 2) for calendar year 2026.

COMMISSION/BOARD/COMMITTEE RECOMMENDATION

Not applicable.

ANALYSIS

OCOAAC advises the Orange County Board of Supervisors and the Office on Aging on matters affecting older adults in the county. OCOAAC holds monthly general meetings, bringing service providers and advocates together to advise on relevant issues such as: senior needs assessments, service planning, and legislative advocacy. OCOAAC is described as follows:

Orange County Older Adults Advisory Commission (OCOAAC) – Consists of 40 volunteer citizens, including local elected officials; representatives of health care and supportive service provider organizations; persons with leadership experience, and members of the general public. OCOAAC membership is comprised of at least half the members being aged 60 and older. The Orange County Board of Supervisors appoints 10 members; the

California League of Cities appoints 10 members; and the Executive Board appoints the remaining 20 members.

The Nutrition subcommittee advises the Commission and staff on matters pertaining to the City's Elderly Nutrition Program at Lakeview Senior Center, Rancho Senior Center, and Trabuco Center.

Nutrition subcommittee – Raises awareness of senior nutrition topics and solicits input on nutrition program operations and menus. Provides input on nutrition related special projects and events.

ALTERNATIVES CONSIDERED

Commission may decide to delay assignments until a future meeting.

FINANCIAL IMPACT

There is no financial impact as a result of selecting committee assignments for calendar year 2026.

REPORT PREPARED BY

Ryan McGraw, Community Services Superintendent

ATTACHMENTS:

1. 2026 OAAC Full Council Monthly Meeting Schedule
2. Irvine Advisory Commission for Older Adults 2026 Nutrition Subcommittee



2026 OAAC Full Council Monthly Meeting Schedule

Office on Aging
1300 S. Grand Avenue, Building B
Santa Ana, CA 92705



OAAC Full Council Monthly Meeting

2nd Friday at 9:30am

(Refer to Agenda for Meeting Location)

January 9
February 13
March 13
April 10
May 8
June 12
July (DARK)
August 14
September 11
October 9
November 13
December (DARK)

Executive Board

4th Friday 9:30am

(Refer to Agenda for Meeting Location)

January 23
February 27
March 27
April 24
May 22
June 26
July (DARK)
August 28
September 18*
October 23
November 20*
December (DARK)

* Reflects revised date due to a County Holiday

**Irvine Advisory Commission for Older Adults
2025 Nutrition Subcommittee**

MEETINGS:

- Meets bi-monthly on the second Monday at 9 a.m., beginning February 9.
- Location: Lakeview Senior Center, 20 Lake Road, Irvine.

PURPOSE:

- To raise awareness of nutrition topics affecting older adults.
- To solicit input on Nutrition Program operations and menu.
- To provide support to nutrition-related special projects and events.