



Ray S. Wong, PharmD, MBA
Chair

Preeti Singh
Vice Chair

Susan F. Anderson
Commissioner

Mike C. Chen
Commissioner

Greta Jacobs
Commissioner

Rachel Owens
Commissioner

Bill Sandlin
Commissioner

AGENDA

IRVINE ADVISORY COMMISSION FOR OLDER ADULTS REGULAR MEETING

April 16, 2026

9:00 AM

City Council Chamber

1 Civic Center Plaza

Irvine, CA 92606

PARTICIPATION VIA ZOOM

MEETING ID: 160 418 2008

PASSCODE: 100495

WEBSITE: zoom.us/join

TELEPHONE: 669-254-5252

or 669-216-1590

To participate virtually, visit zoom.us/join using any web browser, or the Zoom app on smartphones or tablets, and enter the Meeting ID and Passcode noted above. To participate by telephone, dial one of the numbers listed above and enter the same Meeting ID and Passcode. For technical assistance before or during the meeting, call 949-724-6078.

CALL TO ORDER

ROLL CALL

PLEDGE OF ALLEGIANCE

INTRODUCTIONS

PRESENTATION

1. OLDER ADULT SERVICES UPDATE

PUBLIC COMMENTS – NON-AGENDIZED ITEMS

Any member of the public may address the Commission on items within the Commission's subject matter jurisdiction but which are not listed on this agenda; however, no action may be taken on matters that are not part of the posted agenda. If 20 or fewer requests to provide public comments are submitted, each speaker shall be limited to three minutes. If between 21 and 30 speakers submit public comments, each speaker shall be limited to two minutes. If more than 30 speakers submit public comments, each speaker shall be limited to 90 seconds per item. The time limit per speaker shall be established based on the number of requests to speak submitted to the Recording Secretary before the first speaker is called. Requests to speak submitted after the first speaker is called shall receive 90 seconds. These time limits may be shortened or extended, or a cumulative limit on the time for all public speakers may be imposed, at the discretion of the Chair or by a majority vote of the Commission.

ANNOUNCEMENTS/REPORTS

Announcements, Committee Reports, and Commissioner Comments are for the purpose of presenting brief comments or reports, are subject to California Government Code Section 54954.2 of the Brown Act, and are limited to three minutes per speaker. In addition, the Chair shall receive any necessary additional time to deliver announcements of community events and opportunities.

ADDITIONS AND DELETIONS

Additions to the agenda are limited by California Government Code Section 54954.2 of the Brown Act and for those items that arise after the posting of the Agenda and must be acted upon prior to the next meeting.

COMMISSION BUSINESS

Public comments on Commission items will be heard at the time the matters are considered. If 10 or fewer requests to speak are submitted, each speaker shall be limited to three minutes per item. If between 11 and 15 speakers submit requests to speak, each speaker shall be limited to two minutes per item. If 16 or more requests to speak are submitted, each speaker shall be limited to 90 seconds per item. The time limit per speaker shall be established based on the number of requests to speak submitted to the Recording Secretary before the first speaker is called. Requests to speak submitted after the first speaker is called shall receive 90 seconds. These time limits may be shortened or extended, or a cumulative limit on the time for all public speakers may be imposed, at the discretion of the Chair or by a majority vote of the Commission.

2. MINUTES

RECOMMENDED ACTION:

Approve the minutes of the Irvine Advisory Commission for Older Adults regular meeting held March 19, 2026.

ITEMS FOR FUTURE BUSINESS

ADJOURNMENT

NOTICE TO THE PUBLIC

PARTICIPATION AT IRVINE ADVISORY COMMISSION FOR OLDER ADULTS MEETINGS

Meetings are broadcast live on ICTV, Cox Communications Local Access Channel 30, and AT&T U-Verse Channel 99. You may submit comments on any agenda item or on any item not on the agenda, in writing via mail to: "Attn: Irvine Advisory Commission for Older Adults," 1 Civic Center Plaza, Irvine, CA 92606; by email to olderadultscommission@cityofirvine.org; or through e-Comment at cityofirvine.org/senior-services/irvine-advisory-commission-older-adults. E-Comments submitted at least two hours prior to the commencement of the meeting will be distributed to the Commission at the meeting. You may also provide live comments via "Zoom." For more information, visit cityofirvine.org/senior-services/irvine-advisory-commission-older-adults.

REQUEST TO SPEAK IN PERSON: If you would like to address the Commission on a scheduled agenda item or non-agenda item, please register by completing the electronic form available on the kiosk at the entrance to the City Council Chamber. We respectfully ask that you identify on the form your name and the item(s) on which you would like to speak. The Request to Speak Form on the kiosk assists the Chair in ensuring that all persons wishing to address the Commission are recognized. It also ensures the accurate identification of meeting participants in the Commission minutes. Your name will be called at the time public comments are heard by the Commission. City policy is to limit public testimony to up to three minutes per speaker depending on relevant circumstances, which includes the presentation of electronic or audio/visual information. Speakers may not yield their time to other persons.

Please take notice that the order of scheduled agenda items and/or the time they are actually heard, considered, and decided may be modified by the Chair or the Commission during the course of the meeting, so please stay alert.

PLEASE NOTE: The Commission is making every effort to follow the spirit and intent of the Brown Act and other applicable laws regulating the conduct of public meetings, in order to maximize transparency and public access. For questions or assistance, please contact the Community & Library Services Department at 949-724-6732, or via email at olderadultscommission@cityofirvine.org. It would be appreciated if written communications of public comments related to items on the agenda, or items not on the agenda, are provided prior to the commencement of the meeting.

LIVE BROADCASTING

Regular Commission meetings are broadcast live every 3rd Thursday of the month at 9 a.m. All broadcasts can be viewed on Cox Communications Local Access Channel 30 and U-Verse Channel 99. Commission meetings are also available at any time for replaying through the City's website at cityofirvine.org/senior-services/irvine-advisory-commission-older-adults. For more information, please contact the Commission liaison at 949-724-6732.

ADJOURNMENT

At 11 a.m., the Commission will determine which of the remaining agenda items can be considered and acted upon prior to 12 noon and will continue all other items for which additional time is required until a future Commission meeting. All meetings are scheduled to terminate at 12 noon.

STAFF REPORTS

As a general rule, staff reports or other written documentation have been prepared or organized with respect to each item of business listed on the agenda. Copies of these materials are on file with the Community & Library Services Department and are available for public inspection and copying once the agenda is publicly posted, (at least 7 days prior to a regular Commission meeting). Staff reports can also be downloaded from the City's website at cityofirvine.org/senior-services/irvine-advisory-commission-older-adults at least 7 days prior to the scheduled Commission meeting.

If you have any questions regarding any item of business on the agenda for this meeting, or any of the staff reports or other documentation relating to any agenda item, please contact the Commission liaison at 949-724-6732.

SUPPLEMENTAL MATERIAL RECEIVED AFTER THE POSTING OF THE AGENDA

Any supplemental writings or documents distributed to a majority of the Commission regarding any item on this agenda after the posting of the agenda will be available for public review in the Community & Library Services Department, 1 Civic Center Plaza, Irvine, California, during normal business hours. In addition, such writings or documents will be made available for public review at the respective public meeting.

If you have any questions regarding any item of business on the agenda for this meeting, or any of the staff reports or other documentation relating to any agenda item, please contact the Commission liaison at 949-724-6732.

SUBMITTAL OF INFORMATION BY MEMBERS OF THE PUBLIC FOR DISSEMINATION OR PRESENTATION AT PUBLIC MEETINGS

1. **Written Materials/Handouts:** Any member of the public who desires to submit documentation in hard copy form may do so prior to the meeting or at the time he/she addresses the Commission. Please provide 15 copies of the information to be submitted and file with the Recording Secretary at the time of arrival to the meeting. This information will be disseminated to the Commission at the time testimony is given.
2. **Large Displays/Maps/Renderings:** Any member of the public who desires to display freestanding large displays or renderings in conjunction with their public testimony is asked to notify the Community & Library Services Department at 949-724-6732 no later than 12 noon on the day prior to the scheduled meeting.

3. Electronic Documents/Audio-Visuals: Any member of the public who desires to display information electronically in conjunction with their public testimony is asked to submit the information to the Community Services Department at 949-724-6732 no later than 12 noon on the day prior to the scheduled meeting.

CITY SERVICES TO FACILITATE ACCESS TO PUBLIC MEETINGS

It is the intention of the City of Irvine to comply with the Americans with Disabilities Act (ADA) in all respects. If, as an attendee or a participant at this meeting, you will need special assistance beyond what is normally provided, the City of Irvine will attempt to accommodate you in every reasonable manner. Please contact the Commission liaison at 949-724-6732.

Assisted listening devices are available at the meeting for individuals with hearing impairments. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting. (28 CFR 35. 102-35. 104 ADA Title II).

MEETING SCHEDULE

Regular meetings of the Irvine Advisory Commission for Older Adults are held on the third Thursdays of each month at 9 a.m. Agendas are available at the following locations:

- City Clerk's Office
- Irvine Police Department
- Main Entrance of City Hall
- Lakeview Senior Center, 20 Lake Road
- Northwood Community Center, 4521 Bryan Ave
- Rancho Senior Center, 3 Ethel Coplen Way
- William Woollett Jr. Aquatics Center, 4601 Walnut Ave
- City's web page at cityofirvine.org

I hereby certify that the agenda for the Irvine Advisory Commission for Older Adults meeting was posted in accordance with law at the main entrance of City Hall, 1 Civic Center Plaza, Irvine, California, on April 9, 2026 by 5:30 p.m. as well as on the City's website.

_____, Recording Secretary

BUSINESS

ITEM 2 MINUTES



MINUTES

IRVINE ADVISORY COMMISSION FOR OLDER ADULTS REGULAR MEETING

March 19, 2026
City Council Chamber
1 Civic Center Plaza
Irvine, CA 92606

CALL TO ORDER

The regular meeting of the Irvine Advisory Commission for Older Adults (Commission) was called to order at 9:00 a.m. on March 19, 2026, in Council Chamber, Irvine Civic Center, 1 Civic Center Plaza, Irvine, California; Chair Wong presiding.

ROLL CALL

Present:	7	Commissioner	Susan F. Anderson
		Commissioner	Mike C. Chen
		Commissioner	Greta Jacobs
		Commissioner	Rachel Owens
		Commissioner	Bill Sandlin
		Vice Chair	Preeti Singh
		Chair	Ray S. Wong, PharmD, MBA

PLEDGE OF ALLEGIANCE

Chair Wong led the Pledge of Allegiance.

PARTICIPATION IN COMMISSION MEETING

Athena Martinez, Recording Secretary, provided instructions on how to participate in the Commission meeting for those attending via Zoom or in person.

INTRODUCTIONS

There were no introductions.

PRESENTATIONS

1. RECOGNITION OF COMMISSION SERVICE

The Commission presented Michele Jacknik with a special award of gratitude for her years of service on the Commission.

2. DISTINGUISHED SERVICE AWARDS

This award was presented to:

- Farhad Abdoh for providing over 184 volunteer hours in support of Older Adult Services Fitness Center Recreation Programs.
- Hossein Eshghi for providing over 374 volunteer hours in support of Older Adult Services Resource Linkage at the Keen Center.

3. SCORE SMALL BUSINESS SUPPORT OVERVIEW

Amin Khalifa, SCORE Orange County Chairman, provided a presentation and responded to Commission inquiries.

Discussion included: mentorship by business professional volunteers; networking opportunities; convenience of virtual participation; marketing of services.

PUBLIC COMMENTS – NON-AGENDIZED ITEMS

Gail Judd, resident, made the following comments:

- Requested additional strength training classes for older adults.
- The City only has two part-time instructors; should be full-time.
- Exercise classes fill to capacity quickly and always have waitlists.
- A long-term solution would be to hire two additional staff to support exercise programs at Lakeview Senior Center.
- Has started a petition to address needs.

Dr. Phyllis Agran, resident, provided the following comments:

- Expressed concern for unmet demand for exercise classes at senior centers.
- With many seniors on fixed incomes, unable to drive, etc., it is a challenge for them to join commercial gyms.
- Would like for part-time staff to become full-time staff.

ANNOUNCEMENTS/REPORTS

Staff Announcements

Hee Jin Lee, Community Services Supervisor, made the following announcements:

- Free Tax Filing Services are available now through April 7 from noon to 6 p.m. Eligible taxpayers who live, work, or attend school in Irvine can receive assistance from IRS-trained and certified volunteers at the Harvard Community Center. Appointments are required. To schedule, call 211 or 1-888-600-4351 and select option 7.
- Jazz in the Palm Court will take place on April 11, filling the Great Park Palm Court with live music from 1 to 3 p.m. The event showcases a broad spectrum of jazz influences, from soulful blues and swing to the creative energy of bebop and contemporary styles. Guests are encouraged to bring a folding chair or blanket to enjoy comfortable seating around the Palm Court.

- Two handouts were provided detailing summaries of past events, upcoming programs and services, and participation data from the previous months for Older Adult Services.

Commissioner Announcements

There were no Commissioner announcements.

Orange County Older Adults Advisory Commission (OAAC)

Commissioner Owens reported the following from the March 13 meeting:

- A Brown Act presentation was provided.
- A Housing Ad Hoc committee has been created.
- An Office on Aging/Orange County Older Adults Advisory Commission presentation has been created to be shared with cities/organizations interested in hearing about work being done.
- The April 10 meeting will include a presentation by Front Porch, highlighting its home share program.

Nutrition Subcommittee

Commissioner Anderson reported the following from the March 9 meeting:

- Nutrition Program statistics for December 2025 and January 2026 were shared.
- Nutrition Program is always in need of volunteers.
- There will be a Mother's Day luncheon with two seatings on May 8, and a Memorial Day luncheon with one seating on May 22.
- A new menu cycle has been introduced and has been well received.
- Older Adult Services Food Box Program distribution statistics were shared.
- A new monthly program, Health on a Plate, has been introduced and will feature simple and healthy recipes created by Chef Gloria Cedillo.

ADDITIONS AND DELETIONS

There were no additions or deletions to the agenda.

COMMISSION BUSINESS

1. MINUTES

ACTION:

Moved by Commissioner Owens, seconded by Commissioner Chen, and unanimously carried by all members present to approve the minutes of the Irvine Advisory Commission for Older Adults regular meeting held January 15, 2026.

END OF COUNCIL BUSINESS

ITEMS FOR FUTURE MEETINGS

Requested presentations:

- Office on Aging/Orange County Older Adults Advisory Commission Update
- Library Services regarding cultural collection needs
- OC Music & Dance
- Impacts of sedentary lifestyle and need for exercise
- Pretend City and contributions from older adults

ADJOURNMENT

Moved by Commissioner Sandlin, seconded by Commissioner Owens, and unanimously carried by those members present, to adjourn the regular meeting of the Commission at 9:49 a.m.

CHAIR

Athena Martinez, Recording Secretary

Date Approved