



MINUTES

IRVINE ADVISORY COMMISSION FOR OLDER ADULTS REGULAR MEETING

March 19, 2026
City Council Chamber
1 Civic Center Plaza
Irvine, CA 92606

CALL TO ORDER

The regular meeting of the Irvine Advisory Commission for Older Adults (Commission) was called to order at 9:00 a.m. on March 19, 2026, in Council Chamber, Irvine Civic Center, 1 Civic Center Plaza, Irvine, California; Chair Wong presiding.

ROLL CALL

Present:	7	Commissioner	Susan F. Anderson
		Commissioner	Mike C. Chen
		Commissioner	Greta Jacobs
		Commissioner	Rachel Owens
		Commissioner	Bill Sandlin
		Vice Chair	Preeti Singh
		Chair	Ray S. Wong, PharmD, MBA

PLEDGE OF ALLEGIANCE

Chair Wong led the Pledge of Allegiance.

PARTICIPATION IN COMMISSION MEETING

Athena Martinez, Recording Secretary, provided instructions on how to participate in the Commission meeting for those attending via Zoom or in person.

INTRODUCTIONS

There were no introductions.

PRESENTATIONS

1. RECOGNITION OF COMMISSION SERVICE

The Commission presented Michele Jacknik with a special award of gratitude for her years of service on the Commission.

2. DISTINGUISHED SERVICE AWARDS

This award was presented to:

- Farhad Abdoh for providing over 184 volunteer hours in support of Older Adult Services Fitness Center Recreation Programs.
- Hossein Eshghi for providing over 374 volunteer hours in support of Older Adult Services Resource Linkage at the Keen Center.

3. SCORE SMALL BUSINESS SUPPORT OVERVIEW

Amin Khalifa, SCORE Orange County Chairman, provided a presentation and responded to Commission inquiries.

Discussion included: mentorship by business professional volunteers; networking opportunities; convenience of virtual participation; marketing of services.

PUBLIC COMMENTS – NON-AGENDIZED ITEMS

Gail Judd, resident, made the following comments:

- Requested additional strength training classes for older adults.
- The City only has two part-time instructors; should be full-time.
- Exercise classes fill to capacity quickly and always have waitlists.
- A long-term solution would be to hire two additional staff to support exercise programs at Lakeview Senior Center.
- Has started a petition to address needs.

Dr. Phyllis Agran, resident, provided the following comments:

- Expressed concern for unmet demand for exercise classes at senior centers.
- With many seniors on fixed incomes, unable to drive, etc., it is a challenge for them to join commercial gyms.
- Would like for part-time staff to become full-time staff.

ANNOUNCEMENTS/REPORTS

Staff Announcements

Hee Jin Lee, Community Services Supervisor, made the following announcements:

- Free Tax Filing Services are available now through April 7 from noon to 6 p.m. Eligible taxpayers who live, work, or attend school in Irvine can receive assistance from IRS-trained and certified volunteers at the Harvard Community Center. Appointments are required. To schedule, call 211 or 1-888-600-4351 and select option 7.
- Jazz in the Palm Court will take place on April 11, filling the Great Park Palm Court with live music from 1 to 3 p.m. The event showcases a broad spectrum of jazz influences, from soulful blues and swing to the creative energy of bebop and contemporary styles. Guests are encouraged to bring a folding chair or blanket to enjoy comfortable seating around the Palm Court.

- Two handouts were provided detailing summaries of past events, upcoming programs and services, and participation data from the previous months for Older Adult Services.

Commissioner Announcements

There were no Commissioner announcements.

Orange County Older Adults Advisory Commission (OAAC)

Commissioner Owens reported the following from the March 13 meeting:

- A Brown Act presentation was provided.
- A Housing Ad Hoc committee has been created.
- An Office on Aging/Orange County Older Adults Advisory Commission presentation has been created to be shared with cities/organizations interested in hearing about work being done.
- The April 10 meeting will include a presentation by Front Porch, highlighting its home share program.

Nutrition Subcommittee

Commissioner Anderson reported the following from the March 9 meeting:

- Nutrition Program statistics for December 2025 and January 2026 were shared.
- Nutrition Program is always in need of volunteers.
- There will be a Mother's Day luncheon with two seatings on May 8, and a Memorial Day luncheon with one seating on May 22.
- A new menu cycle has been introduced and has been well received.
- Older Adult Services Food Box Program distribution statistics were shared.
- A new monthly program, Health on a Plate, has been introduced and will feature simple and healthy recipes created by Chef Gloria Cedillo.

ADDITIONS AND DELETIONS

There were no additions or deletions to the agenda.

COMMISSION BUSINESS

1. MINUTES

ACTION:

Moved by Commissioner Owens, seconded by Commissioner Chen, and unanimously carried by all members present to approve the minutes of the Irvine Advisory Commission for Older Adults regular meeting held January 15, 2026.

END OF COUNCIL BUSINESS

ITEMS FOR FUTURE MEETINGS

Requested presentations:

- Office on Aging/Orange County Older Adults Advisory Commission Update
- Library Services regarding cultural collection needs
- OC Music & Dance
- Impacts of sedentary lifestyle and need for exercise
- Pretend City and contributions from older adults

ADJOURNMENT

Moved by Commissioner Sandlin, seconded by Commissioner Owens, and unanimously carried by those members present, to adjourn the regular meeting of the Commission at 9:49 a.m.

CHAIR 


Athena Martinez, Recording Secretary


Date Approved